



Revesby Workers'

Little Athletics Centre

Incorporated

39th Annual Report

2018/2019

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Revesby Workers' Little Athletics Centre

Annual Report 2018/2019

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RWLAC 2018/2019 Executive & Committee

President:	Christine Butters	
Vice President:	Anthony Tahhan	
Secretary:	Jackie Bottrill	
Treasurer:	Les Rolls	
Registrar:	Mikaela North	
Publicity Officer:	Stuart McGraw	
Uniform Officer:	Leanne Thompson	
Canteen Manager:	Rebecca Taylor	
Equipment Officer:	Barry Butters	
Records & Ranking Officer:	Bree McGraw	
Championships Officer:	Erin Austin	
Coaching Officer:	Peter Bottrill	
General Committee:	Louise Anthony	Christopher Batch
	Wayne Hunter	Robert Keast
	Benjamin North	
Club Captains:	Mitchell Carroll	Phoebe Bottrill
Club Vice Captains:	Elizabeth Rolls	Dylan Bennett
Life Members:	John Rodwell	Wal Kelleway
	Kevin Channels	Sue Channells
	Michael Irwin	Vince Nevin
	Barry Butters	Christine Butters
	Frank Scott	Rebecca Taylor
	Mike Korremans	Sharon Korremans
	Daryl Melham AM President RWC	
	Alan Ashton Life Member RWC	
Patrons:		
Honorary Auditor:	Wal Kelleway	
RWC Liaison Director:	John Rodwell	



President's Report

Christine Butters

The 39th season of Revesby Workers' Little Athletics Centre has been one plagued by inclement weather and unfortunately between the rain and heat we lost six competition nights. This necessitated a large modification to our points scores at the end of season to ensure the athletes were justly rewarded for their efforts throughout the season.

Because of the competition cancellations there was a noticeable change in PB's, 2412 this season compared to 3196 last season. It was pleasing to see our athlete numbers maintained this season with only 4 less registrations than last season and placing us as the third largest Centre in the Southern Met. Zone. This season we again had great retention after the Christmas break with up to 68% of registered athletes returning and competing in the New Year. Our final night of the season combined competition and fun and 194 athletes enjoyed the slip n slide at the end of the evening. Representation at Zone, Region and State Championships as well as at State Relays is covered by our Championships Officer's report but I would like to briefly mention and commend all our athletes who participated in these competitions outside our usual Friday night events. A big congratulations to Renee Penitani, the winner of the Michael Irwin Award for Athletic Excellence. Renee won a gold medal at State in the 60mH event, a tremendous achievement. Renee was also selected as a reserve in the NSW team for the Trans-Tasman challenge against a New Zealand team. This was held at Campbelltown in January and she got to compete in a number of events.

This year we were again fortunate to have so many willing parents assisting us each week. This was especially evident with data entry where we never had to ask twice as this role was always filled. The ability to have results entered at the grounds each Friday night by volunteers meant there was a little less work for our Records and Ranking Officer Bree McGraw and most weeks she had results live to athletes by the day after competition. A huge thanks to Bree and Stuart, as I know they both stayed up late on Friday nights crosschecking results to ensure accuracy. Another thanks goes to Kath Cuddy who womaned the BBQ most weeks and ensured she had some young teenage helpers who assisted in whichever ways she asked. We had plenty of help at track events and on the long jump but were sadly lacking at times on the throws events and will need to review this next season to try and cover these events better. One of our newer committee members, Chris Batch made some changes to the running of the straight track and this seemed to improve the accuracy of recording sprint events.

This season we were a trial Centre for the On Track skill development Program which LANSW is looking to introduce to Centres across NSW. This involved a specific tailored program for U6 and U7 athletes who concentrated on learning athletics skills through games and fun activities. We started the season with mostly On Track activities and gradually introduced competition events for these athletes. As a trial Centre we were fortunate to be given a full equipment kit which greatly enhanced our offering to the children. The program was run by Maddie Carroll and overseen by our Registrar Mikaela North. A big thank you to them both.

Our Coaching program had a bigger impact this season with Coaching Officer Peter Bottrill undertaking middle distance coaching, Personal Best Coaches from Illawong Revesby Workers' Athletics Club providing sprints and hurdles coaching on Friday afternoons and Bree and Stuart assisting with this as well.



President's Report

Christine Butters

Erin Austin also did some high jump coaching with the kids and all this certainly enhanced the ability and achievements of those athletes attending. We will be looking at a revised coaching format next season to try and become self-sufficient as a Centre in this activity. This season we were successful in securing one financial grant to be used for the purchase of a new set of hurdles. Some of our hurdles are more than 20 years old and have had several repairs so we are looking forward to our upgrade in the offseason ready for the new season.

Our new Publicity Officer Stuart McGraw has been very proactive in keeping our Facebook page up to date as well as searching for results and achievements of our athletes and highlighting these. He has produced some very informative newsletters as well and I thank him for his passion and enthusiasm.

LANSW and Coles supermarkets were again in partnership and we were provided with 60kg of bananas each week which were thoroughly enjoyed by our athletes and their families. Coles also provided us with a new shade shelter, drink container and other incidentals which will be put to good use next season.

Halfway through this season we were contacted by representatives from Canterbury Bankstown Council and invited to give a submission in regard to some ground changes and improvements in the Kelso North precinct. The Council is planning a multi-sports facility in this area which will include an athletics facility. They are aware of our limited tenure at our current grounds at WSU as the University will be moving off this site in the next few years. At the time of writing this report there is no further news on the progress of this proposal but it will be at the forefront of my activity in the new season.

The Committee this year has been made up of the following people: Tony Tahhan, Jackie & Peter Bottrill, Leanne Thompson, Rebecca Taylor, Erin Austin, Ben & Mikaela North, Les Rolls, Stuart & Bree McGraw, Chris Batch, Wayne Hunter, Robert Keast, Louise Anthony, John Rodwell and Barry Butters. Each of them has played an integral part in the organisation and running of the Centre, much of the work is done behind the scenes to ensure the Friday evenings run smoothly. Thank you all. I anticipate some role changes at the AGM as Erin has indicated she will be stepping down as Championships Officer (a role she has held for 4 seasons), and Tony has indicated he will step down as Vice President (7 years) but stay on General committee.

I was delighted to be able to offer congratulations to one of our committee members, Louise, on the birth of her son on 6 th April. We'll look forward to watching him grow up and join our Centre when he's old enough!

This report concludes the 39th season for Revesby Workers' Little Athletics Centre. We are one of 40 sub-clubs who carry the Revesby Workers' Club name and without their ongoing financial and collegiate support we would not be able to function in the manner we do. On behalf of the Committee, parents and athletes I once again express a big thank you to the President and Board of Directors of the Club.

I hope at the AGM this year to see some more parents become involved by nominating for the committee and working with us to carry on the activities of the Centre in the spirit of Family, Fun and Fitness.

Until next time....

Christine Butters

Vice President's Report

Anthony Tahhan

We have just completed the 39th season and it has been another successful one despite the weather not being too kind to us towards the end of this season. I would like to say a big thank you to all of the parents and helpers who performed their rostered duties at the various events and especially for those who helped me at the long jump where I was on duty. This season I had plenty of help every week and long jump seemed to run well and smoothly most of the time. We had a large numbers of athletes this year, particularly in the younger age groups it was a little slow at the beginning until we adjusted the program to cope with the numbers so thank you for your patience.

We are there each week to make sure the children have fun and to do the best they can do. For this we, the mums and dads must continue our help in running the events, doing the rostered duties, being age managers and hopefully stepping up and joining the committee. Revesby Workers Little Athletics could not work or continue to run without all of the help and support we receive from the volunteers.

I would like to say a special thank you to our President Christine, the Committee and all of the volunteers, without you Revesby Workers Little Athletics wouldn't run.

Thank you for all the help and looking forward to our 40th season.



Secretary's Report

Jackie Bottrill

The 2018/2019 season seemed to fly by. The weather wasn't kind to us, but it was still an enjoyable season. It's wonderful to see the athletes and parents getting involved on Friday nights.

This year we have had a lot of athletes getting involved in events outside our competition nights including coaching camps, gala days, state relays and zone championships, as well as the coaching we offer at the centre. This can only happen with the support of the parents and I'm sure the athletes appreciate your involvement. This year again we had an increase in the number of athletes progressing to Region and State and saw some great results, but we were also able to celebrate the number of athletes who achieved well within the club activities with personal bests, effort and participation.

I would like to thank everyone on the committee for their help and support. It's amazing to be involved with such a wonderful group of people who all want the best for the athletes and the sport. My job is made so much easier because of them. Special thanks to Christine, who ensures that everything runs smoothly, she does an amazing amount of work for the club and the athletes and her knowledge of the club and athletics in general is phenomenal.

After thirteen years at the club, I will no longer have children competing next season. However, I look forward to continuing my role on the committee and on the circular track on Friday nights next year.





Registrar's Report

Mikaela North

The 2018/2019 season was a steady season in terms of our registration numbers, being on par with last season at 281 total registrations. This being a manageable number for our centre with our current ground size. The table below shows our registration numbers over the past 9 years which has shown some fluctuations from season to season. Having two seasons in a row with consistent registrations shows that we are sustaining numbers as a centre.

2010/11	2011/12	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2018/19
273	274	260	204	231	249	331	285	281

This year our centre continued to retain more than half of our athletes from last season, which is a positive sign particularly with the change in age groups predicted to have a negative effect on registration numbers as it was predicted those athletes who would be changing groups may not return. It seems to have had little effect on our centre's registration numbers. This season 55.87% (157 athletes) of athletes were re-registrations, similar to last seasons (57.55%).

Once again we chose to combine our U13-U17 age groups to become 'Seniors' in each gender. This was an organizational decision to help manage the running of events each week.

This decision has also encouraged a strong friendship group among the senior athletes and promoted a healthy competition. This season we again had a couple of big changes to our registration process, with the introduction of the NSW Government's Active Kids rebates to promote active children participating in weekly sport. We had 63 athletes use their Active Kids rebate voucher for Little Athletics in the 2018/2019 Season. The second change to the registration process this season was to only process payments for registrations online, removing all cash handling for the Registrar. These changes help to simplify the registration process. This will again be a requirement for the new season.

I thank the committee for their efforts in helping on the registration nights, they could never be run by one person alone. Registrations for the new season will commence in August so keep an eye out on our website for more information. I look forward to another season of Little Athletics and hope to see many of our athletes return for another year of family, fun and fitness.

Season Registrations:

Age Group	Male		Female		Total	
	2017/2018	2018/2019	2017/2018	2018/2019	2017/2018	2018/2019
Under 6	18	22	20	14	38	36
Under 7	15	18	24	16	39	34
Under 8	20	18	28	29	48	47
Under 9	16	22	15	24	31	46
Under 10	15	6	26	11	41	17
Under 11	14	13	18	26	32	39
Under 12	6	10	8	10	14	20
Under 13	8	8	5	10	13	18
Under 14	2	4	10	3	12	7
Under 15	10	1	1	7	11	8
Under 17	4	7	2	2	6	9
Total	128	129	157	152	285	281

Treasurer's Report

Les Rolls

The financial position of the Centre has remained solid throughout the 2018/2019 season. A balance sheet and account of the Centre's income and expenditure accompany this report.

RWLAC has been fortunate to enjoy the ongoing support of Revesby Workers' Club. Their annual subsidy of \$7,500 continues to go a long way to ensuring the centre runs effectively, including the ongoing maintenance and up keep of centre equipment which reduces the need to increase registration fees.

RWLAC were successful in obtaining a \$3,000 grant from Sports New South Wales. This grant enabled the club to commence the purchase of new hurdles to update the clubs current dated set



Records & Rankings Report

Bree McGraw

This season Little Athletics NSW reduced the weight for the Under 11 Boys and Girls Discus event from 750g to 500g, the Under 12 Boys Shot Put from 3kg to 2kg and the Under 13 Boys Discus from 1kg to 750g, which meant that inaugural records were set for these events and subsequently broken again throughout the season.

26 new Centre Records were set during the 2018/2019 season, by 16 athletes across 16 events. Some of the records broken were very long standing records. Congratulations to these 16 athletes. This season we have continued to use the Competition HQ results recording system. The result sheet data was entered in to Competition HQ by parents on data entry duty at the grounds on Friday nights. This enabled the results to be uploaded and available to parents and athletes in Results HQ very quickly. Thank you to our data entry helpers, who did a great job each Friday night.

New Centre Records set during the 2018/2019 season:

AGE	NAME	EVENT	RECORDING	DATE	PREVIOUS RECORD
Under 6 Boys	Jaxon Wise	Shot Put 500g	4.84m	11/01/19	2018
Under 8 Girls	Liliana Anthony-Ligaiviu	200 Metres	34.09s	15/02/19	1999
Under 9 Boys	Shea Cassilles	800 Metres	2m 47.41s	08/03/19	1986
	Cooper Hunter	Discus 500g	28.51m	08/03/19	1993
Under 10 Girls	Scarlett McGraw	1100 Metre Walk	6m 47.36s	21/09/18	2006
	Scarlett McGraw	1100 Metre Walk	6m 35.16s	23/11/18	
Under 10 Boys	Charbel Khoury	1100 Metre Walk	7m 12.85s	23/11/18	2009
Under 11 Girls	Violet Loane	Discus 500g	16.78m	26/10/18	N/A (new event)
	Violet Loane	Discus 500g	17.18m	09/11/18	
Under 11 Boys	Jonah Austin	Discus 500g	18.09m	26/10/18	N/A (new event)
	Jonah Austin	Discus 500g	18.29m	07/12/18	
	Jonah Austin	Discus 500g	19.51m	22/02/19	
Under 12 Girls	Brooke Hunter	Javelin 400g	16.49m	14/09/18	2014
	Ciara Cassilles	1500 Metre Walk	8m 39.02s	23/11/18	2005
Under 12 Boys	Kael Austin	Shot Put 2kg	7.61m	26/10/18	N/A (new event)
	Kael Austin	Shot Put 2kg	8.08m	07/12/18	
	Kael Austin	Shot Put 2kg	8.77m	22/02/19	
	Kael Austin	Shot Put 2kg	9.00m	08/03/19	
	Kael Austin	Javelin 400g	22.04m	01/03/19	2015
	Jake Bender	High Jump	1.45m	25/01/19	1996
Under 13 Boys	Benjamin Pittman	Discus 750g	27.12m	14/09/18	N/A (new event)
	Benjamin Pittman	Discus 750g	30.11m	16/11/18	
	Benjamin Pittman	Discus 750g	32.20m	15/02/19	
Under 14 Boys	Adam Pittman	Shot Put 3kg	12.69m	08/03/19	2012
Under 15 Girls	Gemma Lenertz	300m Hurdles	1m 00.88s	14/09/18	2016
	Brianna Whitney	300m Hurdles	59.04s	14/09/18	

Records & Rankings Report

Bree McGraw

Season Award Winners 2018/2019

AGE GROUP	AGE CHAMPION	AGE CHAMPION RUNNER UP	ENCOURAGEMENT AWARD	IMPROVEMENT AWARD	PARTICIPATION AWARD
Under 6 Girls	Hannah Freeman	Roxy Waters	Kaylee Olson	Asha Ram	Hannah Freeman
Under 6 Boys	Jaxon Wise	Charlie Strauss	Ryan Collins	Vaughn Greenwell	Ryan Collins Flynn Richards
Under 7 Girls	Savannah Wilson	Natalie Biskalis	Caitlin Brennan Aliana Ridgewell	Amelia Smith	Kiara Montgomery
Under 7 Boys	Aaron Pasnin	Byron Farrugia	Jacob Kokal	Marius Farthouat Jonas Wassef	Jacob Kokal
Under 8 Girls	Khloe Hunter	Liliana Anthony-Ligaiviu	Eden Bennie	Erin Cassilles	Ruby McGraw Kenzie Delacour-Batch Khloe Hunter
Under 8 Boys	Benjamin Collins	Lachlan Wise	Jack Bennett	Lucas Horg	Benjamin Collins
Under 9 Girls	Abbie Pasnin	Jade Dominis	Sienna Bender	Caitlin Ridgewell	Abbie Pasnin
Under 9 Boys	Shea Cassilles	Damon Beard	Callum Clasper	Kye Waters	Cooper Hunter
Under 10 Girls	Scarlett McGraw	Amelia Lukunic	Bhavya Prasad	Caitlin Truong	Scarlett McGraw
Under 10 Boys	Charbel Khoury	Jacob Poole	Sean O'Brien	Flynn Lovett	Charbel Khoury
Under 11 Girls	Ryleigh Delacour-Batch	Niamh Mackenzie	Amelia Oehlman	Anneka Oehlman Abbie Fenwick	Ryleigh Delacour-Batch Amelia Oehlman
Under 11 Boys	Jonah Austin	Cayde Herbert	Aiden Miller	Thomas Cooper Thaleson Dominis	Jonah Austin
Under 12 Girls	Eliza Marsh	Renee Penitani	Brooke Hunter	Ciara Cassilles Sabina Khoury	Eliza Marsh
Under 12 Boys	Elias Tahhan	James Hansen	Kael Austin	Cameron Poole Andrew Denyer	James Hansen
Under 13 Girls	Taylor Nangle	Jennifer Sewell	Bridget Morgan	Lily Thompson Ella O'Donovan	Jennifer Sewell
Under 13 Boys	Christopher Cannon	Benjamin Pittman	Tristan Otomancek	Samuel MacBeath Alexander Wastell	Christopher Cannon
Under 14 Girls	Cate Bennett	Phoebe Miller	Elizabeth Wastie	-	Cate Bennett
Under 14 Boys	Ben Exton	Nicholas Otomancek	Kamran Kumar	Adam Pittman	Ben Exton
Under 15 Girls	Brianna Whitney	Evie Donnelly	Gemma Lenertz	Paris Dobson	Brianna Whitney
Under 15 Boys	Callum Powell	-	-	-	-
Under 17 Girls	Elizabeth Rolls	Phoebe Bottrill	-	-	Elizabeth Rolls
Under 17 Boys	Debashis Prasad	Jack Exton	Mitchell Carroll	Dylan Bennett	Jack Exton

Championships Officer Report

Erin Austin

Again, what a season. This season was filled with many opportunities for our athletes to compete outside our centre (zone, region, state, state relays and gala days). Our biggest group entry was at the zone carnival. The carnival was a great chance to compete against athletes from other centres and for our athletes to push themselves which resulted in region qualifiers and many PBs. The most remarkable thing at zone and region was seeing our poster 'how did you go'.

It was a place for all athletes to share their successes for each of their events. The poster was full after day one with so many athletes (even athletes from other centres) wanting to write on it to share with fellow Revesby athletes how proud they were of their performances. The poster was covered in results and so many PBs. It was wonderful to witness all the athletes taking pride in their efforts and having a place to share and read about our centres performances as the carnival progressed.

Congratulations to the athletes who progressed to state this year, it was wonderful to have such a variety of athletes in a number of events. I was able to watch some athletes participate and it was inspiring. Congratulations.

We also had teams participate in state relays again this season. While our centre has more athletes in the junior groups, this season four senior teams participated at state relay which was encouraging to see. State relays is a wonderful opportunity for our athletes to come together and perform in a team environment, not as individuals. The most rewarding part of the day is the excitement of all the athletes before they head to the call room, that soon they will be competing on an Olympic track in front of a large crowd. Then, when they return to the stands after their event, their faces, with smiles proud of their efforts and celebrating as a team. A huge thank you to the parents getting the athletes to training and supporting all the Revesby teams on the day.

Lastly, I will not be nominating for the championships officer next season as I believe I've added all I can, and that a fresh approach can add more value. I started as the championships officer four seasons ago, thinking the role sounded like a bit of fun and something different - and it truly was. I must thank all the committee members over the seasons who listened to my crazy ideas and really encouraged and supported me. Thanks to the parents and athletes who signed up for state relays and were so excited to share their results with me. I'm looking forward to the 2019/20 season helping where I can, as Revesby Workers athletics is now very much a part of who I am.



Coaching Officers Report

Peter Bottrill

The 2018/19 season witnessed a marked increase in the number of RWLAC athletes taking advantage of the coaching opportunities available to them. The season commenced with the assistance of a number of coaches from the Illawong-Revesby Workers senior athletics club providing their time and expertise on Friday afternoons with as many as 30 athletes participating before our competition for the evening started. Their aim was to work with the older athletes and encourage their eventual transition into senior competition. These coaches provided valuable training to our athletes predominantly in the disciplines of sprints and hurdles. The benefit of this coaching was seen in many of our fantastic results at the Zone and Region competitions this season. These coaches also assisted in the preparation of our athletes for the State Relays competition which was held in November.

Two of our committee members, Bree and Stuart McGraw attained their coaching accreditation this season and after the Christmas break took on the responsibility of the Friday evening coaching sessions. Another committee member, Erin Austin, also gave of her time and provided an opportunity for athletes to improve their high jumping technique before competition on Friday nights. Some of our athletes took advantage of our links with the senior club and attended training sessions at The Ridge during the week with coaches in the throws, jumps and walks events.

Finally, my own area of interest is training athletes for the middle-distance events (400m – 1500m) and I had a small but dedicated group who met with me down at the University track on Wednesday afternoons. They trained hard, competed hard and achieved some great results with three of the group making it all the way through to the State Championships and all of them showing great improvement over the course of the season.

Next season I would encourage our athletes to strive to do their best and to take advantage of the coaching opportunities that our club has to offer. The coaching of junior athletes is extremely rewarding and I would encourage any parent who might have an interest in gaining their coaching accreditation to make contact with us to find out what is involved.

The Middle-Distance Training Crew

*Jacob, Cameron, Erin, Ruby,
Shea & Scarlett*



RWLAC 2018/2019 Committee



Banks Electorate Volunteer Awards

Bree McGraw was the recipient of a Banks Electorate Volunteer Award for 2019. Bree was nominated for this award on the following basis:

Bree's daughters commenced Little Athletics with our Centre four years ago. The following year Bree joined the General committee learning the multiple tasks required to run a Centre. She also undertook an Age Manager role and quickly had an enthusiastic following of girls in her group. Two years ago Bree was voted in as the Records and Ranking Officer taking on a new program, learning and refining it with rapid, accurate efficiency and she is able to make results available to athletes within 24 hours of them competing. Bree has also undertaken a lot of the Publicity for the Centre assisting with our Facebook page and ensuring information uploaded is done so in a timely and appropriate manner. She assists at all Carnivals, encouraging and supporting athletes and is considered a valuable committee member.



Joan Carroll Memorial Volunteer Award

Stuart McGraw: Stuart arrives at the grounds by 4.30pm every Friday to help set up the flags, ropes, tables and equipment and is always one of the last to leave on a Friday night after helping to pack away and clean up. Stuart has run coaching sessions for our athletes throughout the season, having completed his Level 2 coaching accreditation this season in order for RWLAC to be able to offer affordable in house coaching to our athletes. Stuart is also an Age Manager for the U10 Boys and Girls age group.

Stuart attended State Relays, Zone, Region and State and various club carnivals for the full duration of each event in order to cheer on all of the Revesby athletes competing, took photos of our athletes and ensured that their achievements were recognised in the newsletter and on Facebook. Stuart revamped the look of the RWLAC newsletter this season and ensured that the newsletter was issued regularly throughout the season to keep parents and athletes up to date with relevant information. Stuart has also been supportive to other committee members in their roles throughout the season.

A deserved recipient of this award, congratulations Stuart.



Banks Outstanding Sporting Achievement Awards

This season age managers were asked to nominate athletes in their age groups who have demonstrated exceptional sportsmanship, friendship, effort and personal achievement.

The recipients of these awards are:

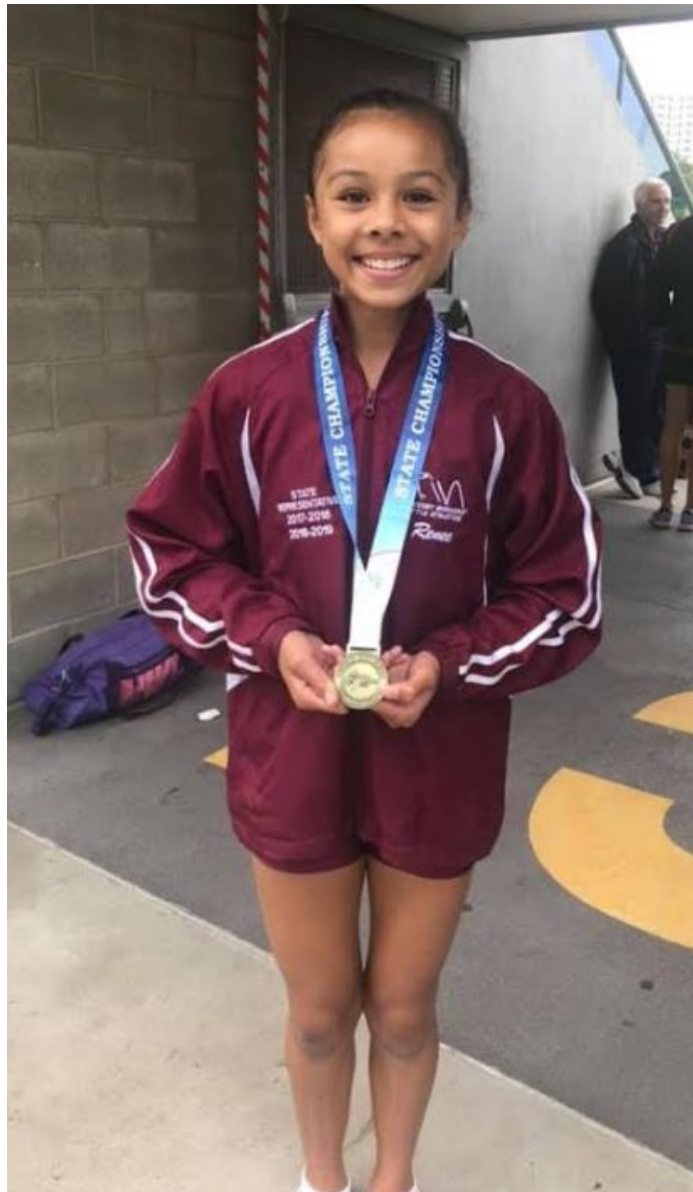
Under 6 Girls	Sophie Bentley & Sophie Erken	Under 6 Boys	Mitchell McFarlane
Under 7 Girls	Amelia Plebani	Under 7 Boys	Jonas Wassef & Declan Beard
Under 8 Girls	Thea Luttrell	Under 8 Boys	Zach O'Brien
Under 9 Girls	Caitlin Ridgewell	Under 9 Boys	Liam Olson & Curtis Marsh
Under 10 Girls	Erika Glas	Under 10 Boys	Declan O'Donovan
Under 11 Girls	Paige Wise	Under 11 Boys	Thomas Cooper
Under 12 Girls	Emily Embrey	Under 12 Boys	Kael Austin
Under 13 Girls	Daniella Bou Faycal Gabriella Bou Faycal	Under 13 Boys	Benjamin Pittman
Under 14 Girls	Elizabeth Wastie	Under 14 Boys	Adam Pittman
Under 15 Girls	Paris Dobson	Under 15 Boys	Callum Powell
Under 17 Girls	Elizabeth Rolls	Under 17 Boys	Jack Exton



Michael Irwin Award for Athletic Excellence

Renee Penitani: Renee started Little Athletics only 2 years ago and her hard work and determination has seen her achieve outstanding achievements in athletics.

This season Renee achieved a 1st place, two 2nd placings and a 3rd place at Zone, three 3rd placings and a 4th place at Region and a 1st place and a 7th place at State. A tremendous achievement for an Under 12 athlete in only her 2nd year of Little Athletics.



Service Awards

RWLAC 5 Year Service Awards:

William Baiton,	Thomas Clark
Jack Exton	Ben Exton
Erika Glas	Sabina Khoury
Angus Lonsdale	Amelia Lukunic
Samuel MacBeath	Eliza Marsh
Zoe Milan	Sean O'Brien
Bhavya Prasad	Debashis Prasad
Ava Pringle	Elizabeth Rolls
Angela Wastie	



RWLAC 10 Year Service Awards:

Phoebe Bottrill



Zone Championships

Over the weekend of 30th Nov, 1st Dec, 2nd Dec, 49 RWLAC athletes competed at the Southern Metropolitan Zone Championships. All of our athletes tried their very best and we are very proud of their efforts. 35 RWLAC athletes qualified for the Region 8 Championships.



Region 8 Championships

Over the weekend of 2nd & 3rd Feb, 35 RWLAC athletes competed at the Region 8 Championships. All of our athletes tried their very best and we are very proud of their efforts.

13 RWLAC athletes qualified for the State Track & Field Championships.



**2019 Region Championships
Medallists**

State Championships

The LANSW State Track & Field Championships were held over two days on 16th and 17th March at Sydney Olympic Park Athletics Centre. The weather conditions were terrible and officials said it was the worst conditions they had ever seen. Our athletes competed in pouring rain, with deep puddles on the track and inside the discus and shot put circles. Despite the weather conditions, our 13 State representatives all put in their best efforts and were still smiling at the end of their events. Congratulations to all 13 athletes, qualifying at State level is an outstanding achievement in itself.

Special congratulations to our two medallists:

Renee Penitani – GOLD in U12 Girls 60m Hurdles

Rhiannon Bellette – BRONZE in U11/12 Girls Multi Class Shot Put



Carnivals / Events



ANZAC Day march



Sydney Track Classic Relay Team



Vistors from other centres



Trans Tasman Championships



Bunnings BBQ



Campbelltown Multi

Club Captains' Report

Phoebe Bottrill & Mitchell Carroll

It has been an honour to have been Club Captains for the 2018/19 season. We would like to begin by thanking all of the people who have made athletics possible each Friday night, and at zone, region and state championships. We especially thank our hard working and dedicated Club President, Christine Butters for her organisation and efforts every Friday night, as well as at all of our competitions and fundraisers. We also thank our Vice President, Anthony Tahhan and our announcer, John Rodwell for their tireless support and commitment to the club. To the committee who make every Friday night run as smoothly as possible, setting up equipment and helping at all events, our club would not be the same without each and every one of you, so we are extremely grateful. Another person our club couldn't survive without is Rebecca Taylor, for running the canteen, always ready to help out after a long night of events.

We would like to acknowledge the amazing work that our Championships Officer, Erin Austin, does in organising our zone, region and state relay teams. Finally, we would like to thank the parents that take time out of their busy lives to bring their kids to athletics and volunteer to help with timing, age managing and recording, and the athletes who come every Friday night and make athletics an enjoyable experience for those around them. The past season has been very successful, with many athletes competing at zone and region championships, as well as several progressing to state. Throughout the season, each athlete has grown and improved, with many personal bests, new friends and lots of fun. We have also had many club records broken, and overall, it was a fantastic year of athletic achievement.



U6 Girls/Boys



U7 Girls/Boys



U8 Girls/Boys



U9 Girls/Boys



U10 Girls/Boys



U11 Girls/Boys



U12 Girls/Boys



Senior Girls/Boys







Revesby Workers' Little Athletics Centre





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