



Revesby Workers'

Little Athletics Centre

Incorporated

44th

Annual Report

2023/2024





Revesby Workers' Little Athletics Centre

Annual Report 2023/2024



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RWLAC 2023/2024

Executive & Committee



President:	Christine Butters	
Vice President:	Erin Austin	
Secretary:	Jackie Bottrill	
Treasurer:	Les Rolls	
Registrar:	Siobhan Mackenzie, Glynis Warner	
Records & Ranking Officer:	Bree McGraw	
Championships/Uniform Officer:	Belinda Delacour-Batch	
Coaching Officer:	Peter Bottrill	
Publicity Officer:	Stuart McGraw	
Canteen Manager:	Rebecca Taylor	
Equipment Officer:	Sean Cassilles	
General Committee:	Christopher Batch	Carissa Sharpe
	Sean Cassilles	Tony Tahhan
	Luke Glas	Bridie Treloar
	Bao Ho	Maria Xafellis
	Carolyn Poole	Mitchell Wise
Club Captains:	Ciara Cassilles	Elias Tahhan
Club Vice Captains:	Eliza Marsh	Kael Austin
Life Members:	Barry Butters	Sharon Korremans
	Christine Butters	Vince Nevin
	Kevin Channells	Mikaela North
	Sue Channells	John Rodwell
	Michael Irwin (dec)	Frank Scott
	Wal Kelleway	Rebecca Taylor
	Mike Korremans	
Patrons:	Daryl Melham AM <i>President RWC</i>	
	Alan Ashton <i>Life Member RWC</i>	
Honorary Auditor:	Walter Kelleway	
RWC Liaison Director:	Baden Kirgan	



Back row (L-R): Belinda Dealcour-Batch, Les Rolls, Bao Ho, Mitchell Wise, Sean Cassilles, Luke Glas, Bree McGraw, Stuart McGraw, Tony Tahhan, Peter Bottrill, Carissa Sharpe.

Front Row (L-R): Bridie Treloar, Erin Austin, Jackie Bottrill, Christine Butters, Siobhan Mackenzie, Glynis Warner, Carolyn Poole, Rebecca Taylor

Inset: Christopher Batch



President's Report

Christine Butters



Today sees me writing my 12th and final President's Report for the RWLAC Annual Report.

It has been an honour and a privilege to serve this wonderful club as its President since the 2012-13 season. I have followed in the footsteps of some very proactive people and been ably supported along the way by a large number of committee members without whom my role would have been much more difficult.

This year our Club has been active for 44 seasons and this has been a season which has broken records in many different forms. We have had a full season at our new grounds at Kelso North. We only lost half a competition night to rain. We had a record number of registrations 417 in total.

A record number of Zone entries 107, Region qualifiers 81 and State qualifiers 34. We had 5 athletes compete at the State Combined Championships – the most for many years and Charlotte O'Leary took out the silver medal in the Under 7's, again a first for our Centre for many years. Eight athletes medalled at State and have had their names added to the State Champions Trophy, they were Rhiannon Bellette, Holly Carr, Ciara Cassilles, Liam Dunne, Max Farrugia, Josh Galloway, Hunter Olney and Matilda Richards. 17 of our 34 state qualifiers finished in the top 8 in their events. Many PB's were achieved as well. We had 5845 PB's achieved this season at Club level, and 46 Centre records broken, one from as far back as 1987!

This season saw the completion of the Little Athletics career for seven athletes who between them had clocked up 53 years at Little Athletics. Notably Elias Tahhan and Kael Austin who started in the Under 6's and have finished in the U17's, Eliza Marsh 10 years, Ciara Cassilles and Cameron Poole 8 years, Meghla Basu 2 years and Andrew Mogan 1 year. This season we also had five athletes who have completed ten years at our Centre and 19 who have completed five years. It is great to have committed athletes and families who continue to support our Centre. I acknowledge the Centre Captains Ciara and Elias and Vice Captains Eliza and Kael who have all been integral in the examples they have set for our younger athletes.

Our Coaching team increased again this season, ably led by Peter Bottrill, we had Stuart McGraw and Bao Ho coaching sprints, Bree McGraw on walks, Erin Austin on high jump, Siobhan Mackenzie on long jump and ex athlete Ben Pittman and his dad Andrew doing some throws coaching. We also welcomed Robin Eyears half way through the season to do some hurdles coaching. All this is taken on voluntarily but the hard work put in has shown in the improvements our athletes have made. Again, we had ex-athletes, Tyra Olney and Elizabeth Wastie running the skill development program On Track for the Under 6 and Under 7 athletes. Scarlett McGraw (U15) and Ryleigh Delacour-Batch (U17) ran the Tiny Tots program for the third season, this year they had 19 children register in the tots program so it is going from strength to strength.

We have been very fortunate to have the financial support of Revesby Workers' Club once again, along with Coles who have provided 1080kg of bananas for our athletes. Our Publicity Officer Stuart McGraw was able to secure some sponsorship also from two of our family contacts, namely Finn Roache Lawyers and Optimal Health Personal Training. Their support has enabled us to purchase event flags for around the ground and additional starting blocks for our athletes.

The committee this season was composed of Erin Austin, Belinda Delacour-Batch; Chris Batch, Jackie Bottrill; Peter Bottrill, Sean Cassilles, Luke Glas, Bao Ho, Siobhan Mackenzie, Bree McGraw; Stuart McGraw, Carolyn Poole, Les Rolls, Carissa Sharpe, Anthony Tahhan, Rebecca Taylor, Bridie Treloar, Glynis Warner, Mitch Wise and Maria Xafellis. I thank them for their tireless work in keeping our club running and acknowledge the ongoing contribution by Mikaela North who, although no longer on the committee remains very keen and willing to assist and be involved behind the scenes.

I acknowledge that several committee members are stepping down, namely Les Rolls (on committee for 8 seasons, 7 of those as Treasurer), Tony Tahhan (on committee for 14 years, 7 of those as Vice President) and Sean Cassilles (on committee for 3 years, 2 of those as Equipment Officer). Maybe I can convince them to come back and lend a hand!! And so, as I conclude this, my final report as President I know our Club is in good hands and I look forward to taking on a different, less intense roll within the Committee now that I have achieved the goal of moving to new grounds, a project started in 2015! I wish the incoming President and Executive Committee a very successful 45th Season with many changes afoot on the LANSW/ANSW front.

This report concludes the 44th season for Revesby Workers' Little Athletics Centre and my final season as President of RWLAC.

Christine Butters

RWLAC President



Twelve years in review

Christine Butters



Twelve Years in Review 2012-2024 seasons.

Committee members – 43 in total of whom 21 are current. 145 seasons worth of service from the current committee.

Athlete registration numbers

2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
260	204	231	249	331	285	281	291	268	293	363	417

Male vs Female registrations

2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
137	101	114	131	166	128	129	127	120	141	181	196
123	103	117	118	165	157	152	164	148	152	182	221

Five Years/Ten Years/Twelve years Service awards

2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
11	8	6	6	20	21	17	8	31	10	23	19
3	0	3	1	2	3	1	1	2	6	5	5
N/A	N/A	2	0	1	1	0	2	0	1	1	2

Zone Entries/Region Qualifiers/State Qualifiers

2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
36	35	50	42	54	39	49	82	No zone	68	79	107
18	26	33	38	30	31	35	60	25**	56	66	81
6	3	4	3	2	7	13	24*	21	26	30	34

*State Championships were cancelled due to Covid

** Junior athletes competed in State Qualifiers



Vice President's Report

Erin Austin



What a season. I can honestly say that I'm actually sad this season has ended as I really do wish we had more weeks. I loved this season that was filled with so many highlights and I had my own PBs.

The athletes attending high jump training increased in numbers again this season. More athletes were turning up to practice to perfect their jumps. While I was blessed to be able to watch 2 athletes qualify for State Championships, I found it even more rewarding watching the progress athletes made and their confidence grow. It's also rewarding to watch the U11's progress over the season as they learn and slowly master the high jump flop.

A huge thanks to all the parents who sign up at high jump. It's great having help at these events but it's awesome getting to know you while we wait for the next age group to arrive.

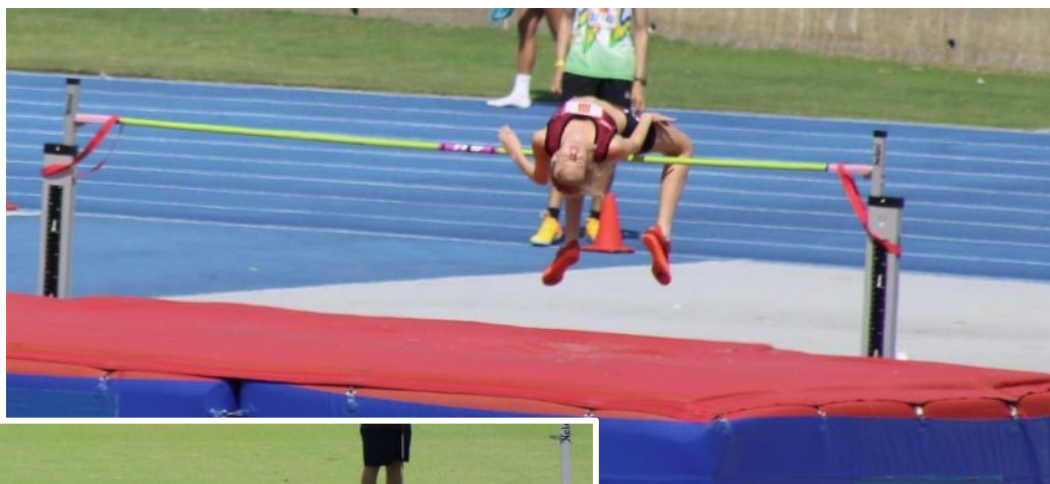
This season I was involved in planning the fun night and I thought it ran really well and was a great success. I do love the fact that it provides our U17 athletes with the opportunity to end their season with a lasting memory.

On that note, this year was my last season with an athlete competing. I will return next season but it will be somewhat strange to not be sewing on an age patch and athlete number on a uniform or hearing my athlete talk about the highlights in their age group that night on the drive home.

Lastly, thanks to the Committee, the best part of athletics is the friendships and support. I really do value the time and skillset that every member brings and as I've aged come to value how important individuality really is.

Erin Austin

RWLAC Vice President





Secretary's Report

Jackie Bottrill



It was a great season this year, being at the new grounds from the start of the season and having our permanent facilities up and running from the start of the year made a huge difference. I have been involved with RWLAC for almost two decades and it was the first season with no competition nights lost due to rain or heat. We had a few nights where the forecast didn't look great and we had to cancel some events, but we generally watched the rain go around us. We also had a record number of athletes registered this year, but despite the extra numbers the competition ran smoothly each week.

Once again this year the club was well represented at Zone, Region and State championships. It's very pleasing to see the high level of participation from the athletes, as well as all the parents getting involved and helping out with duties. Seeing some of the athletes at Athletics NSW meets is also great, hopefully they will continue their athletics journey when they finish up at Little Athletics. I look forward with excitement to see what the new partnership between LANSW and ANSW brings to the sport.

Like many sports, running a Little Athletics competition each week requires a lot of input from volunteers. Thanks to all the committee and parents who are there early on Fridays setting up so everything is ready to go when we arrive. This year we were very lucky to have former club vice-captain Lily return to help out each week on the circular track. Her skills and assistance were invaluable. I also thank the parent helpers who came to assist each week, especially Danijela who went above and beyond and became a regular at the finish line.

Finally, thanks to all the committee members who give so much of their time each week – setting up, packing away, running events and so many other duties behind the scenes, not just on Friday nights. A huge thanks to Christine, who has been invaluable in guiding and supporting me during my time as secretary. Your dedication and expertise will be difficult to replace. You have done an amazing job as president and the club will continue to benefit from your expertise on the committee.

Hopefully we have another successful season in 2024-25.

Jackie Bottrill

RWLAC Secretary





Registrar's Report

Siobhan Mackenzie & Glynis Warner



The 2023/2024 season registration proved successful yet again, with another increase in our number of registered athletes from last season. As a committee we expected similar numbers to the previous season's registrations but were pleasantly surprised with our highest numbers in over 20 years.

2014/15	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
231	249	331	285	281	291	268	293	363	417

On review of our first season as registrars, we proposed the addition of an "early-bird" offer. This was in the hope of encouraging families to register online early, to allow us adequate time to prepare registration packs prior to the season start.

	August 2023	From Sept 2023
Tiny Tots	\$100	\$120
U7-U17	\$140	\$160

This proved highly successful, with over 97% of the season's registrations completed in the month of August. This season, our centre continued to offer a Tiny Tots age group for athletes turning 5 years old in 2024. This group was targeted at younger siblings of registered athletes and was open to new families.

This year our centre retained more than half of our athletes from last season. The season retention rate was slightly higher than last season. We did increase our number of new registrations (171 new athletes this season compared to 152 new athletes in 2022/23).

2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
57%	43.83%	57.55%	55.87%	61.51%	66.04%	55.29%	58.12%	59%

This season families again had the option of using their NSW Government Active Kids vouchers to cover part of their registration fee. We had 252 athletes use their Active Kids rebate voucher for Little Athletics in the 2023/24 season, an increase from last season.

The registration platform through GameDay (introduced in 2021) continued to prove straight forward for families registering their athletes. To our surprise again this season we exceeded our allocation of registration numbers and had to request additional numbers a further three times.

We thank the committee for their efforts in helping on the registration nights, they could never be run by one person alone. We greatly appreciated all the support from the committee and life member, Mikaela North. It was truly a team effort this season.

Registrations for the 2024/25 season should reopen online from August of this year. Please keep an eye out for registration information around this time.

Centre registrations for the 2023/2024 season:

Age Group	Male		Female		Total	
	2022/2023	2023/2024	2022/2023	2023/2024	2022/2023	2023/2024
Tiny Tots	10	11	1	8	11	19
Under 6	17	17	7	11	24	28
Under 7	20	30	21	22	41	52
Under 8	19	19	22	26	42	45
Under 9	29	17	27	24	57	41
Under 10	24	26	24	28	48	54
Under 11	22	20	22	29	44	49
Under 12	13	24	16	19	29	43
Under 13	16	15	11	17	27	32
Under 14	3	10	9	12	12	22
Under 15	2	1	14	8	16	9
Under 17	6	6	8	17	14	23
Total	181	196	182	221	363	417

Siobhan & Glynis

RWLAC Registrars

RWLAC Annual Report 2023/2024



Records & Rankings Report

Bree McGraw



46 new Centre Records were set during the 2023/2024 season, by 18 athletes across 27 events. Some of the records broken were very long standing records. Congratulations to these 18 athletes. Once again, our fantastic ground conditions at Kelso North and the coaching and development opportunities offered to our athletes throughout the season by our club coaches is reflected in these outstanding achievements. This season we continued to use the Competition HQ results recording system. The result sheet data was entered into Competition HQ by parents on data entry duty at the grounds on Friday nights. This enabled results to be uploaded and available to parents and athletes in Results HQ very quickly. Thank you to our data entry helpers, who did a great job each Friday night.

New Centre Records set during the 2023/2024 season:

AGE	NAME	EVENT	RECORDING	DATE	PREVIOUS RECORD
Under 7 Girls	Charlotte O'Leary	Long Jump	2.97m	19/01/2024	1987
			2.98m	16/02/2024	
Under 10 Boys	Isaac Brown	1100m Walk	6:43.61	02/02/2024	2020
Under 11 Boys	Hunter Olney	Javelin 400g	26.09m	09/02/2024	2023
Under 11 Girls	Brianna Black	80m Hurdles	15.49s	17/11/2023	2022
			15.47s	08/12/2023	
Under 12 Boys	Dean Afungia	Shot Put 2kg	9.41m	15/09/2023	2022
			9.90m	01/12/2023	
			10.77m	16/02/2024	
	Dean Afungia	Javelin 400g	26.66m	08/12/2023	2019
	Dean Afungia	Discus 750g	33.98m	09/02/2024	2009
	Josh Galloway	80m Hurdles	15.72s	22/09/2023	2019
			14.72s	08/12/2023	
Under 13 Girls	Erin Cassilles	1500m Walk	8:02.48	17/11/2023	2019
Under 14 Boys	Lachlan Samways	200m Hurdles	28.72s	15/09/2023	2005
	Lachlan Samways	400m	57.35s	20/10/2023	2006
	Lachlan Samways	Triple Jump	11.23m	27/10/2023	2001
	Lachlan Samways	Long Jump	5.72m	03/11/2023	1996
	Shea Cassilles	1500m	4m 50.40s	13/10/2023	1990
	Eoin Richards	3000m	10m 29.49s	10/11/2023	2022
	Max Farrugia	90m Hurdles	14.06s	08/12/2023	2001
			13.68s	02/02/2024	
	Max Farrugia	200m Hurdles	28.31s	19/01/2024	2023
Under 14 Girls	Scarlett Wooldridge	Long Jump	4.66m	16/02/2024	2000
			4.67m	08/03/2024	
Under 15 Boys	Jacob Poole	1500m	4m 44.53s	13/10/2023	2015



Records & Rankings Report

Bree McGraw



New Centre Records set during the 2023/2024 season:

AGE	NAME	EVENT	RECORDING	DATE	PREVIOUS RECORD
Under 17 Boys	Andrew Mogan	Triple Jump	11.88m	22/09/2023	2016
			12.54m	23/02/2024	
	Andrew Mogan	Javelin 700g	38.00m	03/11/2023	2023
			40.95m	24/11/2023	
	Reece Lewis	100m	12.18s	13/10/2023	2020
			12.01s	03/11/2023	
			11.96s	24/11/2023	
			11.94s	12/01/2024	
	Reece Lewis	200m	24.72s	03/11/2023	2023
			24.63s	12/01/2024	
	Reece Lewis	Long Jump	5.83m	03/11/2023	2011
			6.13m	09/02/2024	
Under 17 Girls	Kwanita Olney	Javelin 500g	27.10m	15/09/2023	2009
			29.52m	20/10/2023	
			31.44m	10/11/2023	
			31.52m	01/12/2023	
			35.73m	19/01/2024	
	Kwanita Olney	Discus 1kg	28.48m	03/11/2023	2015
	Ryleigh Delacour-Batch	300m Hurdles	52.17s	10/11/2023	2021
	Matilda Richards	1500m	5:30.71	24/11/2023	2009

Banks Outstanding Sporting Achievement Awards

This season age managers were asked to nominate athletes in their age groups who have demonstrated exceptional sportsmanship, friendship, effort and personal achievement. The recipients of these awards are:

Under 6 Girls	Stella Gray	Under 6 Boys	Toufic Soufi
Under 7 Girls	Mia Peters	Under 7 Boys	Michael Franklin
Under 8 Girls	Vanessa Keremelevski	Under 8 Boys	Amos Hawkins
Under 9 Girls	Harper Dale	Under 9 Boys	Carter Manumalealii
Under 10 Girls	Hayley Fitzgibbins	Under 10 Boys	Aston Chisholm
Under 11 Girls	Isabella Allerton/Isabelle Ryan	Under 11 Boys	Caleb van Tol
Under 12 Girls	Zarah Hamze	Under 12 Boys	Jacob Kokal
Under 13 Girls	Johanna Dziamba	Under 13 Boys	George Petridis
Under 14 Girls	Reghan Olney	Under 14 Boys	Mitchell Lewis
Under 15 Girls	Bhavya Prasad	Under 15 Boys	Jacob Poole
Under 17 Girls	Meghla Basu	Under 17 Boys	Dante Lanzafame



Records & Rankings Report

Bree McGraw



Season Award Winners 2023/2024:

	Age Champion	Age Champion Runner Up	Encouragement Award	Improvement Award	Participation Award
U6 Boys	Zane Collins	Alessio Cazon	Jace Craig	Jayan Ram	Finlay Reinten
U6 Girls	Isabella Allum	Bonnie Sanders	Allegra Chisholm	Marnie Buczek	Chloe Barnard
U7 Boys	Lucas Liu	Kyon Hanna	Ethan King	Marcus Sharpe	Kyon Hanna
U7 Girls	Kiahna Faanu	Charlotte O'Leary	Sofia Abdulwahab	Violet Puckeridge	Sofia Abdulwahab
U8 Boys	Issa Akkari	Noah Puckeridge	Luke Booth	Albert Rogers	Issa Akkari
U8 Girls	Sophie Taylor	Kseniya Samsonenko	Ariel Popovic	Charlotte Mashman	Jordyn Brookes
U9 Boys	Jake Ridgewell	William Maurer	Archer Devlin	Hugo Sellars	Jake Ridgewell
U9 Girls	Ruby Faanu	Ruby Dyson	Kaitlin Collins	Alexandra Karachony	Ruby Faanu
U10 Boys	Liam Dunne	Isaac Brown	Noah Samways	Jacob Keremelevski	Isaac Brown
U10 Girls	Charlie Risti	Summer Sanders	Daniela Lukunic	Chelsea Sharpe	Daniela Lukunic Chelsea Sharpe
U11 Boys	Hunter Olney	Cooper Devlin	Jaxon Wise	Lachlan Collins	Lachlan Collins
U11 Girls	Brianna Black	Wynter Bradshaw	Charlize Aroha Parker	Asha Ram	Luna Hawkins
U12 Boys	Brodie Bush	Josh Galloway	Dean Afungia	Jonas Wassef	Jonas Wassef
U12 Girls	Alana Jenkins	Emilia Cazon	Gabriella Ho	Lexie Waring	Emilia Cazon
U13 Boys	William Tju	Lachlan Wise	Alex Riley	Thomas Wighton	William Tju
U13 Girls	Grace Delander	Abby Freeman	Leila Carr	Kenzie Delacour-Batch	Ruby McGraw
U14 Boys	Max Farrugia	Eoin Richards	Mitchell Lewis	Liam Olson	Max Farrugia
U14 Girls	Scarlett Wooldridge	Courtney Ho	Helen Denyer	Jessica Hatton	Maya Campbell
U15 Boys	Jacob Poole	-	-	-	Jacob Poole
U15 Girls	Scarlett McGraw	Juliet Hearne	Amelia Lukunic	Holly Carr	Scarlett McGraw Amelia Lukunic
U17 Boys	Reece Lewis	Kael Austin	Cameron Poole	Andrew Mogan	Kael Austin
U17 Girls	Ryleigh Delacour-Batch	Kwanita Olney	Matilda Richards	Paige Warner	Ryleigh Delacour-Batch



RWLAC Centre Records



2023/2024



	Charlotte O'Leary U7 Girls Long Jump 2.98m		Andrew Mogan U17 Boys Triple Jump 12.54m		Andrew Mogan U17 Boys Javelin 40.95m
	Dean Afungia U12 boys Shot Put 10.77m		Dean Afungia U12 boys Discus 33.98m		Dean Afungia U12 boys Javelin 26.66m
	Isaac Brown U10 Boys 1100m walk 6:43.61		Max Farrugia U14 Boys 90m Hurdles 13.68s		Max Farrugia U14 Boys 200m Hurdles 28.31s
	Reece Lewis U17 Boys Long Jump 6.13m		Reece Lewis U17 Boys 100m 11.94s		Reece Lewis U17 Boys 200m 24.63s
	Shea Cassilles U14 Boys 1500m 4:50.40		Hunter Olney U11 Boys Javelin 26.09m		Josh Galloway U12 boys 80m Hurdles 14.72m
	Brianna Black U11 Girls 80m Hurdles 15.47s		Matilda Richards U17 Girls 1500m 5:30.71		Scarlett Wooldridge U14 Girls Long Jump 4.67m
	Erin Cassilles U13 Girls 1500m walk 8:02.48		Eoin Richards U14 Boys 3000m 10:29.49		Ryleigh Delacour-Batch U17 Girls 300m Hurdles 52.71s
	Kwanita Olney U17 Girls Javelin 35.73m		Kwanita Olney U17 Girls Discus 28.48m		Jacob Poole U15 Boys 1500m 4:44.53
	Lachie Samways U14 Boys Long Jump 5.72m		Lachie Samways U14 Boys Triple Jump 11.23m		Lachie Samways U14 Boys 400m 57.35s
	Lachie Samways U14 Boys 200m Hurdles 28.72s				



Championships Officer Report

Belinda Delacour-Batch



Again our Championships for the 2023/2024 season was our most successful yet where our athletes achieved many levels of success across all Championships.

Zone Championships

107 athletes competed at the Zone Championships at Barden Ridge in December. We are certainly making our name known on this stage. With many top 3 finishes by our athletes and loads of PB's, which is a fantastic achievement.

Zone is a great championships for our athletes from U/7s to U/17s. It is a wonderful opportunity for our younger athletes to experience out of centre competition and we hope to encourage more of our younger athletes to compete next year. It was excellent to see some new families compete and we hope you enjoyed the experience.

Region 8 Championships

81 athletes qualified to compete at the Region Championships at Sylvania in February. The weather was hot and challenging but the results were fantastic. Another successful championships with two Region records broken and many PB's.

Results at Region:



25



8



14

These placings led us to have **34 athletes** qualify for the State Championships in March. The largest number of RWLAC athletes we've had qualify for state. As a centre we are very proud of this number and the hard work our athletes have put in to achieve this.

LANSW State Championships

On one of the hottest weekends we've had this year, **34 RWLAC athletes** and their families headed out to Sydney Olympic Park Athletics Centre for the final championships of the year. We had some first time state athletes, which was exciting to see. There were many PB's and the club spirit was fantastic, athletes cheering each other on, it was a great atmosphere.

Results at LANSW State:



8



1



2

All of our State athletes finished in the **top 20 in the state** in their events. I am very proud of this achievement, this has happened because of the hard work of our athletes but also our club coaches, Bree, Stuart, Peter, Erin, Bao, Siobhan, Ben, Andrew and Robyn. These results are a reflection of the time and effort you guys give to our athletes.

NSW State Combined Carnival

This year we had 5 athletes attend the LANSW State Combined Carnival, held at Hunter Sports Centre, Glendale.

At this carnival, athletes participate in ALL of the events on offer for their age group and points are allocated for performances recorded in each event, based on the Little Athletics NSW Multi-Event Point score tables/system. The points across all events conducted for each age group are added together to determine final results.

Congratulations to:



Charlotte O'Leary - 2nd U7 Girls
Ruby Faanu - 16th U9 Girls
Jordyn Brookes - 36th U8 Girls

Kiahna Faanu - 7th U7 Girls
Lachlan Baker - 25th U12 Boys



Championships Officer Report

Belinda Delacour-Batch



NSW State Relay Championships

This year RWLAC entered an incredible 20 track teams and 16 field teams at the State Relay Championships.

Congratulations to all athletes who competed, their parents who brought them to our training sessions and those who volunteered for parent duties.

Thank you to our club coaches Stuart, Peter, Bree, Andrew, Ben, Siobhan, Letisha, Kwanita, Bao and Carissa who all volunteered their time to prepare our teams.

Shout out to our medallists:



14 Boys Jumps team (Lachie, Liam, Max)



12 Boys Jumps team (Dean, Isaac, Josh)



8 Girls Throws team (Asher, Isabella, Jordyn)

I would like to thank our wonderful supportive athlete families, you guys are a pleasure to work with, thank you for making my job easy and contributing to these events with parent duties. Without parent helpers these championships can't happen. RWLAC is one of the best for volunteers, this is noted and much appreciated by the organisers.

This is a role I really enjoy doing, watching our athletes compete is something I look forward to. I can't do it on my own, I have a number of people I would like to thank, various parents and committee members for helping me with Zone entry forms and deposits, helping out at these championship events, transporting all of our equipment back and forth and a shout out to Christine for all of your knowledge and support. If I have missed anyone off my list, thank you! I appreciate every bit of help I get, your contribution helps me immensely.

I look forward to season 2024/25, I hope to see the same success for the centre and it's athletes.

Belinda Delacour-Batch

RWLAC Championships Officer





Coaching Officer's Report

Peter Bottrill



Training for the 2023-24 season had its earliest commencement ever beginning way back in August with athletes keen to take advantage of our new home track at Kelso Park.

These pre-season training sessions involved athletes keen to build a base of fitness and brush up their skills in the areas of sprints and middle distance. Stuart McGraw once again trained an enthusiastic bunch of athletes interested in improving their sprinting. With many of them turning up to training on a regular weekly basis. This consistent approach to training certainly paid dividends with many of our sprinters achieving personal bests as they progressed throughout the season and some achieving creditable results at Zone, Region and even State Championships. This season Stuart was ably assisted by Bao Ho whose time and efforts were much appreciated.

Race walking is an especially challenging discipline to learn for children let alone master. Bree McGraw coached a number of our walkers to achieve very well at Zone, Region at State events and set a solid platform for these athletes to build upon in future seasons.

Once again, this season, our keen high jumpers also benefited from the opportunity to practice their skills before competition on Friday nights under the watchful eye of committee member Erin Austin. Again, these athletes showed great improvement soaring to new heights as the season progressed.

This season, we were fortunate for our athletes to have the benefit of throws coaching with Andrew Pittman and former Club Vice Captain, Ben Pittman. Andrew and Ben generously gave up their time on Friday evenings before competition to conduct throws coaching sessions. Under their guidance many of these athletes performed creditably and have set new personal bests over the course of the season.

A coaching area that we have previously lacked in is hurdles. That is until this season when Robyn Eyears generously offered to come down on Friday afternoons and share her wealth of knowledge about hurdling with interested athletes. Some tremendous improvements could be seen by the few that took advantage of this opportunity.

Another addition to the coaching opportunities available to our athletes this season was offered by committee member Siobhan Mackenzie who also made an effort to attend early on Friday evenings in order to provide coaching in long and triple jumps. And again, much improvement was witnessed over the course of the season by the athletes who took advantage of Siobhan's expertise.

Final mention goes to my group – middle distance/cross country. There is no easy way to train for cross country/middle distance events other than to basically run lots and lots. Throughout the season I had a small yet dedicated and determined group who stuck with it for the majority of the season and turned in some creditable performances along the way including many PBs.

I would like to thank Stuart, Bree, Erin, Andrew, Ben, Siobhan, Robyn and Bao for their time and efforts this season. It is much appreciated.

Peter Bottrill

RWLAC Coaching Officer & Athletics Australia Level 3 Middle Distance Coach





Canteen Report

Rebecca Taylor



Wow, what a season we have had. We hit so many milestones this season.

Not only did we officially open new grounds at Kelso North, we hit record numbers with athletes. This also meant so many new records, this includes off the field. This season was one of the best canteen seasons I have ever seen, making it an even better season in our new canteen facilities. We were certainly running ourselves around to ensure all athletes and supporters were fed and hydrated. Unfortunately this included a few nights where we sold out of hot food. We even saw a new arrival with hot chips being added to the menu for the first time being an instant success with athletes and families.

They say it takes a village to raise a family, well it certainly takes a committee and parents / carers to ensure week in, and week out our athletics is up and running. It takes a lot of prep and hard work to ensure each event is set up and is safe for all the athletes. For this I want to say thank you to all those who have helped. We wouldn't be able to run athletics without all the help and support.

I personally would like to thank the following volunteers and committee members for all the support over the last season. Christine, I don't know how we would have gone without you at the helm. You are always there from the start to the finish. Leanne, the bbq queen and with your partner in crime Kath. The bbq always runs so smoothly with you guys. Thank you so much for all the hard work you both put in each week.

And to my regular canteen helpers: Kim, Carmel and Lola. You ladies really helped make the canteen run more smoothly, and made it possible to keep with the demand for hot chips every Friday night.

Rebecca Taylor

RWLAC Canteen Manager



**Revesby Workers'
Little Athletics Centre**

Canteen menu

Hot food

Sausage on a roll	4.00
Egg on a roll	4.00
Bacon on a roll	4.50
Bacon and egg roll	5.50
Bacon and sausage roll	6.00
Bacon, egg and sausage roll	6.50
Hot dog	4.50
Sausage roll	4.50
Hot chips	5.00
Steak Pie	5.00
Chicken burger	5.50
Potato steak pie	6.00



Drinks

Bottle of water	2.00
Cans soft drink	2.50
Powerade	4.50
Hot tea	2.50
Hot chocolate	3.50
Cappuccino	3.50
Fruit box	1.50

Lollies

Prices as marked



2023/2024



Club Captain's Report

Ciara Cassilles & Elias Tahhan



Firstly, thank you to our club sponsors Finn Roache Lawyers, Optimal Health PT & Revesby Workers' Club. The 23/24 season would not have been so successful without your valuable support. We would also like to thank our dedicated committee of volunteers. Without your dedication to the sport and our club, and your tireless efforts behind the scenes, we would not be able to compete each week. Special thanks to our president Christine for your unwavering passion and commitment to our Little Athletics club.

Lastly, we would like to thank the parents and carers for their volunteering efforts each week, assisting at events and helping with the running of the canteen – we certainly loved the hot chips as a great addition to the menu this season!!

This season was the most successful in our time at the club with countless centre records achieved on competition nights and even more PBs, so well done to all our athletes from our tiny tots just starting out in their athletics journey, through to our seniors enjoying their last season of Little Athletics.

The club also had a tremendously successful representative season seeing a huge number of athletes compete at zone, region and state level with a few records broken along the way.

At State Relays we entered 20 track and 16 field teams and brought home an impressive 1 gold, 1 silver and 1 bronze medal.

107 of our athletes competed at the zone competition and 81 of those qualified through to the regional carnival, which was our most successful regional championships in club record keeping with an amazing 25 gold medals, 9 silver medals and 15 bronze medals.

State championships finished off the representative season with 34 of our athletes qualifying to compete in 64 individual events, and the medals kept coming with 8 gold, 1 silver and 2 bronze.

A big congratulations to all our representative athletes and an extra special congratulations to Noah Samways who broke 2 region records – Well done Noah!!!

Thanks also to our club coaches for your efforts in getting our athletes in peak condition to achieve these results – thank you Peter, Stuart, Bao, Bree, Erin, Siobhan, Robyn, Ben and Andrew. Special thanks also to Team Manager Belinda for your preparation, support and encouragement at each of these competitions.

As we all look back on the season, and for the seniors whose little athletics journey is coming to an end, it's important to remember that Little Athletics is not just about medals and PBs. It's about having fun and forming friendships, some of which will hopefully last a lifetime. So as we say goodbye for the season we'd like to say a big thanks to each and every one of you for being part of our little athletics family.

Ciara Cassilles & Elias Tahhan

RWLAC Club Captains 2023/2024



L-R: Ciara Cassilles (Captain), Elias Tahhan (Captain), Kael Austin (Vice Captain), Eliza Marsh (Vice Captain)

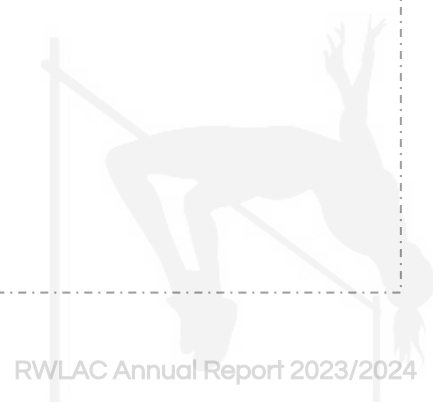


Treasurer's Report

Les Rolls



See insert



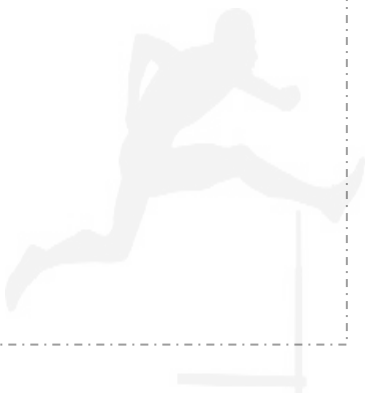


Auditor's Report

Walter J. Kelleway



See insert





Joan Carroll Memorial Volunteer Award Bree McGraw



The Joan Carroll award was originally given to an athlete for record breaking performances but in recent years this has been superseded by the Michael Irwin Award for Athletic Excellence. Joan Carroll was a staunch supporter and volunteer at the Centre more than twenty years ago and so the Committee felt it fitting that the athlete award be retired and the award be renamed and given to one or more volunteers each year.

The criteria were set so that it cannot be awarded to a Life member but rather to someone who assists in the running of the Centre every week, this may be a parent, committee member or community member.

This year's award of the **Joan Carroll Memorial Volunteer Award** is presented to :

Bree McGraw

Bree's family joined RWLAC in 2015 when Scarlett was in the U7 age group, prior to this they had spent several years with Western Blues club. Bree joined the general committee in 2016/17 season when Ruby commenced in the U6 age group, and the following season took on the role of Records and Ranking Officer, a role she has held for 7 years.

Bree spends late nights every week after competition nights (midnight every Friday) finishing records and rankings, ensuring the kids all get their results in a timely fashion.

She creates endless Facebook posts keeping our families informed of Centre activities while also celebrating the major achievements of our athletes.

She assists the Championships Officer by organising championship rankings and carrying out admin roles related to same.

At each Zone and Region championship Bree is integral in our team, assisting the Championship Officer with team management when she is not playing a key role assisting Mikaela with the Meet Manager recording system. Bree is one of the early arrivers to the track each weekly competition assisting with set up and pack up as well as helping in the canteen when needed. Bree organises the athletes prior to all the distance events run before normal Friday night competition and lap counts or walks judges on a regular basis.

She also offers weekly walks coaching for our athletes wanting to improve their walk technique..

She is very dedicated to the club and does so much each season but is extremely humble regarding what she does. She is reliable and one we can and do all depend upon!.

Congratulations Bree – A true volunteer and very worthy recipient of the Joan Carroll Memorial Volunteer Award for the 2023/2024 season.





Michael Irwin Award for Athletic Excellence

Max Farrugia



This award is named after one of our Life Members, Coach and elder statesman of Revesby Workers' Little Athletics Centre, the late Mr Michael Irwin. It is based on a points system taking into account participation and results from Zone through to State competitions as well as Centre records for the current season. The three leading point scorers are nominated for this award and the awards sub-committee votes on the nominations.

This year's recipient of the **Michael Irwin Award for Athletic Excellence** is presented to:

Max Farrugia

Max has had an incredible season and has demonstrated tremendous improvement in his performances and results from previous seasons.

In the first championships of the season, the Little Athletics State Relays, Max was a member of the U14 Boys Jumps team, who secured themselves a Gold medal for their combined performances in High Jump, Long Jump and Triple Jump. A few months later, Max entered 4 events at the Zone Championships and achieved 1st place in 90m Hurdles, 200m Hurdles, High Jump and 2nd place in 200m sprint. At the Region Championships, Max again achieved 1st place in 90m Hurdles, 200m Hurdles, High Jump and 2nd place in 200m sprint, qualifying for State Championships in all 4 events.

At the State Championships in March, Max achieved 1st place in 90m Hurdles and 200m Hurdles, 6th in High Jump and 12th in 200m sprint.

Throughout the season, Max broke the Centre record for the U14 Boys 90m Hurdles, which had been held since 2001 and the U14 Boys 200m Hurdles record, which had been broken earlier in the season by another athlete in the same age group.

Additionally, Max competed at the Athletics NSW Juniors Championships in March, where he again achieved 1st place in 90m Hurdles and 200m Hurdles and 3rd place in High Jump. Max will now compete at the Australian Athletics Championships in Adelaide in April and we wish him all the best.

Congratulations Max – A very deserving recipient of the Michael Irwin Award for Athletic Excellence for the 2023/2024 season.





Banks Volunteer of the Year Award Ryleigh Delacour-Batch



Congratulations to **Ryleigh Delacour-Batch** who was nominated for the Banks Volunteer of the Year Award.

The Banks Volunteer of the Year award is a nomination program developed by David Cameron, the Federal Member of Banks to recognise the tireless work of the many volunteers within the area.

Ryleigh and fellow athlete Scarlett McGraw saw an opportunity at our centre to include Tiny Tots within our athletics program. Their submission to the committee to introduce the Tiny Tots program was successfully approved by the RWLAC committee prior to the 2021/2022 season.

The Tiny Tots program is run each week and is designed to develop the fundamental movement skills for running, jumping and throwing through fun, play based activities. The program run by Ryleigh and Scarlett sees great joy, fun and enthusiasm by all our little athletes each week.

Congratulations Ryleigh— A true volunteer and very worthy nominee for the Banks Volunteer of the year award for the 2023/2024 season.





Service Recognition



5 Year Service RWLAC Awards

Awarded to any athlete who has completed 5 years continuous service with RWLAC; this year we had 22 athletes who were eligible to receive five year awards. The following athletes achieved this milestone:

Georgia Camuglia
Samuel Camuglia
Leila Carr
Holly Carr
Liam Dunne
Juliet Hearne
Courtney Ho
Gabriella Ho

Eston Hockley
Nasser Ismail
Sophia Kokal
Daniela Lukunic
Ella Olovic
Luka Phillips
Charlie Risti
Isabelle Ryani

Aidan Treloar
Erin Warner
Paige Warner
Michael Wassef
Harley Wooldridge
Scarlett Wooldridge

10 Year Service RWLAC

Awarded to any athlete who has completed 10 years membership with RWLAC. This year we had 5 athletes who were eligible to receive 10 year awards. They also received 10-Year certificates from LANSW.

The following athletes achieved this milestone:

Erika Glas
Amelia Lukunic
Eliza Marsh

Bhavya Prasad
Angela Wastie

12 Year Service RWLAC Award

Awarded to any athlete who has completed 12 years membership with RWLAC. This year we had 2 athletes who were eligible to receive a 12 year award.

The following athletes achieved this milestone:

Kael Austin

Elias Tahhan

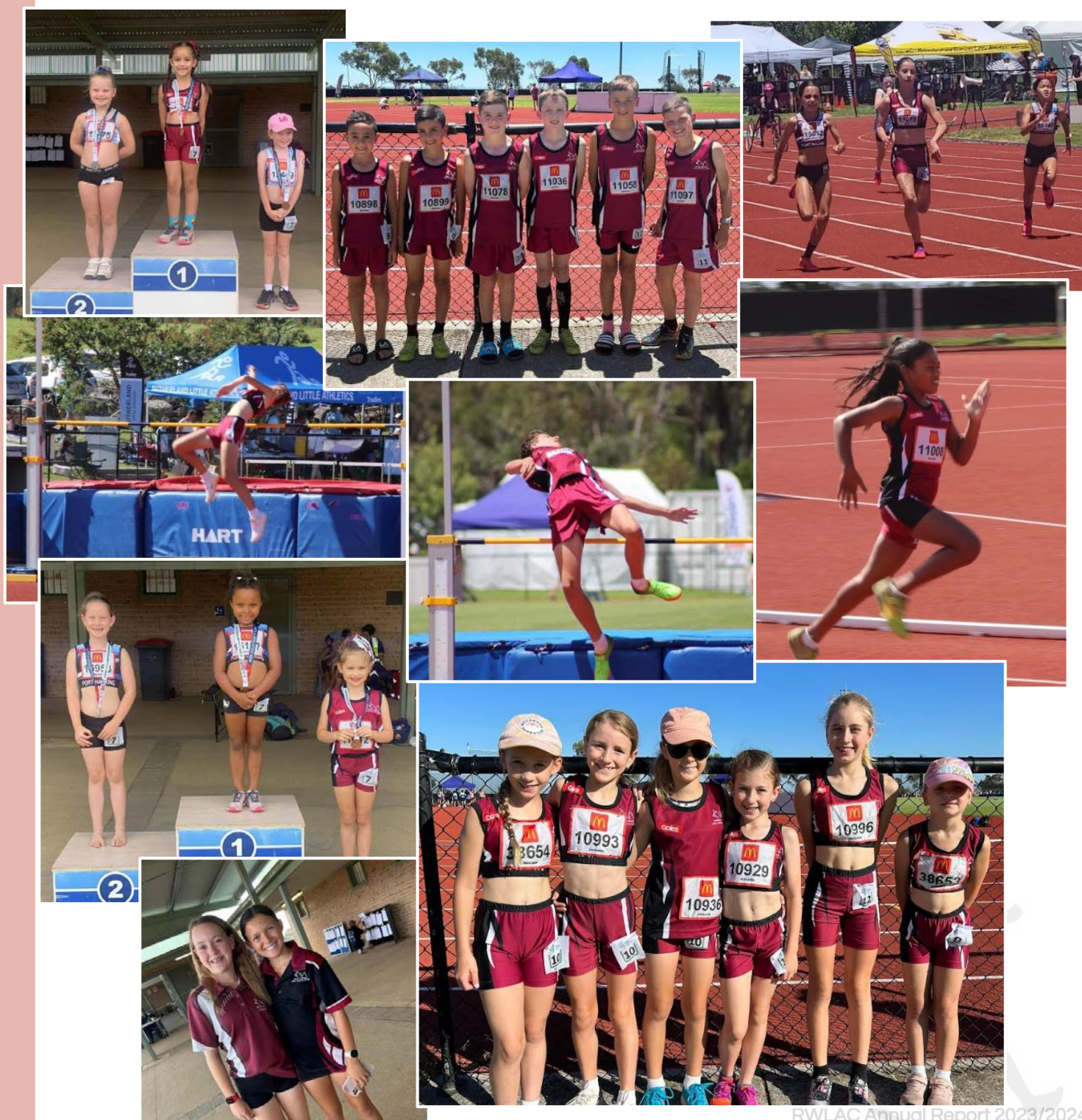


Congratulations to our **107 athletes** who competed at the LANSW Southern Met Zone Championships at the Ridge Athletics track on 5th, 6th and 7th December 2023.

We are very proud of the achievements of our athletes and how they represented RWLAC across the weekend. It was also fantastic to see RWLAC friends and family come along to support the athletes across the days of the championship.

A shout out to Kiahna Faanu who won a gold medal in the U7 Girls Discus and Charlotte O'Leary who won a bronze medal in the U7 Girls Long Jump.

Congratulations to the 81 athletes who qualified from Zone to compete at the LANSW Region 8 Track and Field Championships. This is the stepping stone for qualification to the State Track & Field Championships.





Region 8 Championships



Congratulations to our **81 athletes** who competed at the LANSW Region 8 Track and Field Championships at Sylvania Athletics track on 3rd and 4th February 2024.

We are very proud of the achievements of our athletes and how they represented RWLAC across the weekend. Many PB's were achieved and we had a number of medal winners (25 GOLD, 9 SILVER and 15 BRONZE). It was also fantastic to see RWLAC friends and family come along to support the athletes. A big thank you to Christine, Mikaela, Bree, Stuart, Siobhan, Erin, Jackie, Peter and Belinda for volunteering their time over the weekend as officials, coaches and team managers. As well as a number of our athletes who stepped in and assisted in the call room, volunteering their time across the weekend.

RWLAC had 18 athletes automatically qualify to compete at the LANSW Hart Sport State Track & Field Championships in March, by placing 1st or 2nd in their events. Another 16 athletes qualified in the "next best 8" round. 34 being our highest number of State qualifiers ever!

A notable achievement from the Region Championships is the performance of Noah Samways, who won 3 Gold medals in the U10 Boys 70m, 100m and 200m sprint events and also broke the Region record in the 70m event and the 100m event, records which had previously stood for 11 years and 14 years respectively.





LANSW State Championships



The LANSW HART Sport State Track & Field Championships are the culmination of the track & field competition season. Athletes in the age groups U9 through to U17 progress through to this event after qualifying from their Region Championships.

Congratulations to our **34 RWLAC athletes** who competed at the **LANSW HART State Track and Field Championships**, held at Sydney Olympic Park Athletics Centre on 22nd and 24th March 2024.

We are very proud of the achievements of our athletes and how they represented RWLAC across the weekend. Many PB's were achieved and we had a number of medal winners. Of the 34 athletes competing we saw all 34 athletes achieve a top 20 placing in NSW, and our athletes achieved 5 Gold, 1 Silver and 2 Bronze medals.

It was also fantastic to see RWLAC friends and family come along to support the athletes competing.

A big thankyou to Christine, Jackie, Peter and Mikaela for volunteering their time over the weekend as officials and Belinda as team manager.

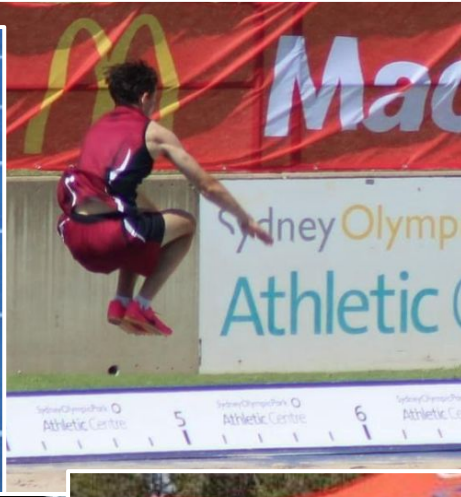
Dean Afungia U12 Boys
Kael Austin U17 Boys
Rhiannon Bellette U17 Girls (Multi Class)
Brianna Black U11 Girls
Isaac Brown U10 Boys
Kaison Brown U11 Boys
Holly Carr U15 Girls
Leila Carr U13 Girls
Ciara Cassilles U17 Girls
Erin Cassilles U13 Girls
Shea Cassilles U14 Boys
Grace Delander U13 Girls
Liam Dunne U10 Boys
Ruby Faanu U9 Girls
Max Farrugia U14 Boys
Josh Galloway U12 Boys
Juliet Hearne U15 Girls

Cooper Hunter U14 Boys
Khloe Hunter U13 Girls (Multi Class)
Reece Lewis U17 Boys
Amelia Lukunic U13 Girls
Niamh Mackenzie U17 Girls
Eliza Marsh U17 Girls
Scarlett McGraw U15 Girls
Andrew Mogan U17 Boys
Amelia Oehlman U17 Girls
Anneka Oehlman U17 Girls
Hunter Olney U11 Boys
Kwanita Olney U17 Girls
Matilda Richards U17 Girls
Charlie Risti U10 Girls
Lachie Samways U14 Boys
Noah Samways U10 Boys
Summer Sanders U10 Girls





LANSW State Championships





Official Opening Kelso North Sporting Grounds



On Friday 15th March 2024, the Revesby Workers' Little Athletics community gathered to celebrate the official opening of their new home grounds at Kelso North Regional Sporting Precinct.

Revesby Workers' Little Athletics reflected on the club's humble beginnings at Smith Park, East Hills 44 years ago, then known as East Hills Little Athletics. The club experienced growth in its community base and following sponsorship from Revesby Workers' Club, changed its name to Revesby Workers' Little Athletics and moved to grounds at Amour Park, Revesby and then to Western Sydney University, Milperra in 2001.

The need to accommodate a growing athletic community in the area and secure permanent fit-for-purpose grounds, the committee approached Canterbury Bankstown Council in 2015 which saw the start of the journey to the opening of the new state of the art athletics facilities at Kelso North come to fruition for the 2023/2024 little athletics season.

The new grounds have opened just in time for the upcoming Olympic Games and will not only accommodate future little athletes and athletics competitions, but is also a key facility to cater for school carnivals throughout the year and for years to come.

These new facilities have been possible due to ongoing collaboration and partnerships with Canterbury Bankstown Council and via NSW Government grants including the Greater Cities Sports Facilities funding and the Club Grants Category 3 Infrastructure Grants program.



L-R Christine Butters (RWLAC President), Linda Downey (Councillor Canterbury Bankstown Council), Ciara Cassilles (RWLAC Captain), Elias Tahhan (RWLAC Captain), Kael Austin (RWLAC Vice Captain), Eliza Marsh (RWLAC Vice Captain), Kylie Wilkinson (State Member for East Hills)





U7 Girls



U7 Boys



U8 Girls



U8 Boys



U9 Girls



U9 Boys



U10 Girls



U10 Boys



U12 Girls



U12 Boys



U13 Girls



U13 Boys



U14 Girls



U15 Girls



U14-U17 Boys



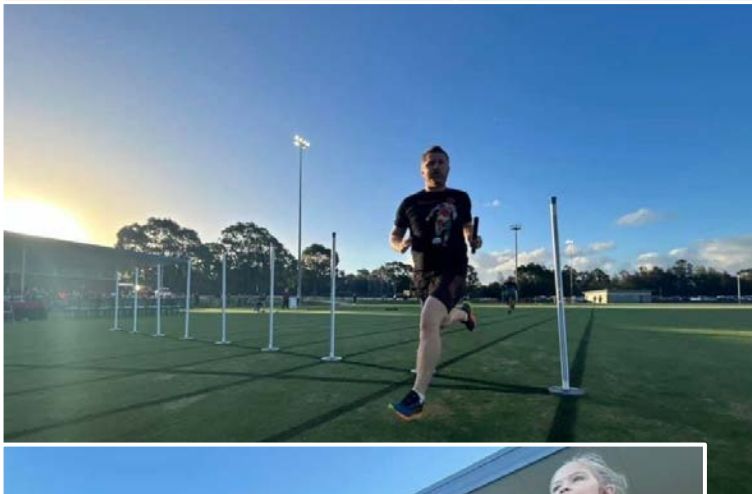
U17 Girls







Revesby Workers' Little Athletics Centre





Thank you To our Volunteers & Committee!





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Little Athletics NSW Mission Statement

"Little Athletics NSW aspires to provide the community with recreational athletics activities that contribute to the healthy development of our children. Such activities will promote: Fun, Fitness, The development of skills, The building of character & self esteem, The fostering of good sportsmanship, In a safe, positive, family-friendly & inclusive environment"



RWLAC Mission Statement

"Revesby Workers Little Athletics Centre promotes fun, fitness & skills development in a friendly competitive environment while encouraging family participation, community spirit & values".



Revesby Workers'

Little Athletics Centre

Incorporated

44th

Annual Report

2023/2024

