



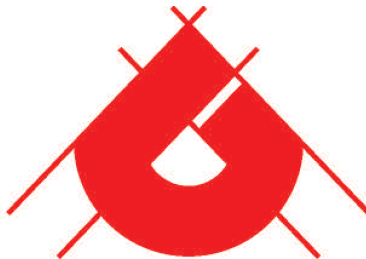
**Revesby Workers'
Little Athletics Centre**

2025-26 SEASON HANDBOOK

ABN 82 845 071 638

www.revesbylac.org.au

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Table of Contents

MISSION STATEMENT	3
OUR CENTRE	3
WELCOME	3
COMMITTEE	4
LIFE MEMBERS	4
PATRONS	4
HONORARY AUDITOR	4
REGISTRATION INFORMATION	5
REGISTRATION AGES for 2025-26	5
REGISTRATION FEES	5
UNIFORMS	5
PATCHES	6
REGISTRATION NUMBER	6
COLES AGE PATCH	6
SHOES	6
FRIDAY NIGHTS AT KELSO NORTH	6
FIRST NIGHT OF THE SEASON	6
ARRIVAL TIMES	6
WEEKLY RESULTS	7
PARENT HELPERS	7
COMMUNICATION	7
WET WEATHER	8
COACHING / TRAINING	8
ATHLETE TRAINING SESSIONS	8
OFFICIALS TRAINING COURSES	8
AWARDS AND RECORDS	8
SUMMARY OF AWARDS	8
CENTRE RECORDS	8
PARENT AND ATHLETE RESPONSIBILITIES	9
A parent must be in attendance while their athlete is competing	9
A parent must assist with the running of events at least 7 times during the season	9
The committee will decide on eligibility for participation points	9
LANSW / ANSW SPECIAL EVENTS	9
VALOUR STATE RELAY CHAMPIONSHIPS	9
STATE RELAY CHAMPIONSHIPS	9
ZONE CHAMPIONSHIPS	10
REGION CHAMPIONSHIPS	10
NSW COMBINED EVENTS CARNIVAL	10
NSW JUNIOR STATE CHAMPIONSHIPS (13s -17s)	10
NSW LITTLE ATHLETICS CHAMPIONSHIPS (9s -12s)	10
GOVERNANCE	10
INSURANCE	10
CENTRE POLICIES	10
COMMITTEE MEETINGS	10
THREE WEEK PROGRAM 2025-26	11
CENTRE SEASON CALENDAR	12

MISSION STATEMENT

"Revesby Workers' Little Athletics Centre promotes fun, fitness and skills development in a friendly competitive environment while encouraging family participation, community spirit and values"

OUR CENTRE

The Revesby Workers' Little Athletics Centre is run by a volunteer Committee. The Centre caters for athletes of all abilities in a friendly and supportive environment. Your family is now part of our athletics family. We look forward to welcoming you back or getting to know you. We acknowledge the help that each family provides to allow us to run our weekly program for all our athletes.

WELCOME

Welcome to the 2025-26 Little Athletics season at Revesby Workers' Little Athletics Centre (RWLAC).

This is an exciting season for our Centre as we return to Kelso North. I have returned in the role of President, and my goals are the same, that each week everyone who attends leaves the grounds with a smile - happy to return next week. Last season we had our own PB in terms of registration numbers and our focus this season is still to ensure each athlete has the best experience and we are doing this by:

- Capping the registration numbers for each age group to ensure the groups are manageable.
- Reviewing our 3-week program to ensure it is still the 'best fit' for this season.
- Committing to reviewing the program after the first 3 weeks of competition, aiming to improve any major holdups or logistical issues.

Our aim is to encourage athletes to participate and improve their skills within their own abilities, whilst creating friendships. Athletes love to run, jump and throw and have a good time with their friends. At Little Athletics the emphasis is on being your best. Please do not ever lose sight of this!

Most importantly, we are a Centre of volunteers. We only exist because of the hard work that many people put in. This season, we will once again be asking all our parents/guardians to help. Please raise your hand and offer your help as it is the only way we can continue to build and run our successful Centre. It also makes our competition nights run much faster! Please note: it is a requirement that all athletes have a parent or nominated guardian at the grounds at all times.

We have a Centre website, www.revesbylac.org.au and a newsletter that will keep you up to date with things 'around the track'. Our website will be the main source of information for our members. It contains all the information you need to know about our Centre. We also have a Facebook page, please check this regularly for information and updates. Important week by week information is also sent out by email and you should check this regularly, including your spam folder as sometimes emails end up in the wrong place. If you have not received an email within 3 weeks of the season starting, please reach out to us, so we can double check your email address.

If at any stage during the season you have any questions or queries please don't hesitate to come and see me or anyone from the committee, we will be more than happy to assist you.

See you on Friday night!

Erin Austin
President
RWLAC

COMMITTEE

Position	Name	Email	Mobile
President	Erin Austin	info@revesbylac.org.au	0404 120 088
Vice President	Stuart McGraw	revesbyworkerslac@gmail.com	
Secretary	Jackie Bottrill	secretary@revesbylac.org.au	
Treasurer	Carolyn Poole	treasurer@revesbylac.org.au	
Registrars	Siobhan Mackenzie Glynis Warner	registrar@revesbylac.org.au	
Records & Rankings	Bree McGraw	revesbyworkerslac@gmail.com	
Publicity Officer	Stuart McGraw	revesbyworkerslac@gmail.com	
Uniform Officer	Belinda Delacour-Batch	uniforms@revesbylac.org.au	0419 283 728
Canteen Manager	Rebecca Taylor		
Equipment Officer	Mitchell Wise		
Championships Officers	Sara Brennan Carissa Sharpe	championships@revesbylac.org.au	0407 477 631 0416 261 579
Coaching Officer	Bao Ho	baoho76@gmail.com	
Officer for Officials	Christine Butters	bjcmbutters@yahoo.com.au	0413 886 431
General Committee	Christopher Batch Luke Glas Carmel Hanna Craig Sharpe		
Revesby Workers' Club Liaison Director	Christine Butters	christineb@rwc.org.au	0413 886 431

The Executive Committee is the President, Vice President, Secretary, Treasurer and Registrars

LIFE MEMBERS

Year	Member
1995-1996	John Rodwell
1998-1999	Wal Kelleway
1999-2000	Kevin Channells, Sue Channells, Michael Irwin*
2000-2001	Vince Nevin
2004-2005	Barry Butters
2007-2008	Christine Butters
2009-2010	Frank Scott
2016-2017	Mike Korremans, Sharon Korremans, Rebecca Taylor
2020-2021	Mikaela North
2023-2024	Erin Austin, Jackie Bottrill, Peter Bottrill, Anthony Tahhan

*Deceased

PATRONS

Alan Ashton RWC Patron
Daryl Melham RWC Patron

HONORARY AUDITOR

To be appointed

REGISTRATION INFORMATION

REGISTRATION AGES for 2025-26

Year of Birth	Age Group
2021	Tiny Tots
Little Athletics	
2020	6s
2019	7s
2018	8s
2017	9s
2016	10s
2015	11s
2014	12s

Year of Birth	Age Group
Junior Athletics	
2013	13s
2012	14s
2011	15s
2010	16s
2009	17s

REGISTRATION FEES

	Early bird (Registered in August)	Registration from 1 September
Tiny Tots	\$100.00 per athlete	\$100.00 per athlete
6s - 17s	\$150.00 per athlete	\$170.00 per athlete

Our Tiny Tots age group is open to athletes who turn 5 in 2026 (ie born in 2021) **AND** have an older sibling registered with our Centre.

All athletes registering with RWLAC for the first time must provide proof of age: original Birth Certificate, Passport, or Hospital Blue Book.

REGISTRATION FEES ARE NON-REFUNDABLE. For extreme circumstances, if a refund is approved by Little Athletics NSW, a \$20 administration fee will apply. No refunds will be approved if you have already competed and/or you have changed your mind.

UNIFORMS

Our Centre uniform must be worn by all athletes on each competition night and is compulsory at all Championship Events. All patches (registration number and age patch) must be visible. Athletes not wearing full uniform at Friday night competition will only receive participation points. This will be enforced following the October school holidays. Our uniform can be viewed and ordered online: <https://www.revolutionise.com.au/rwlac/shop>

Our Centre uniform is as follows:

- RWLAC singlet OR crop top and
- RWLAC shorts OR tights

Plain black tights or compression shorts may be worn underneath the shorts or tights. A plain white or neutral colour T-shirt may be worn underneath the singlet or crop top if needed.

Athletes may wear jumpers/jackets over their uniforms, however the jumper/jacket must be taken off when competing (running, throwing or jumping). It can be put straight back on after the attempt is completed.

Please note: athletes competing in Walks events must have their knees visible for judging purposes, and any clothing/bandages that covers the knees, must be removed. If an athlete is covering their knees for religious reasons, then the material covering the knee must be tight enabling the walks judges to confirm the athlete is performing the correct walks technique.

Tiny Tots do not need to be in uniform and can wear a plain t-shirt and shorts but must have their patches visible.

PATCHES

REGISTRATION NUMBER

The registration number **must** be displayed on the front of the singlet or crop top. **All athletes will be issued with one registration number which should be worn on the front of the singlet/ crop top when competing. Please note, if lost a \$10 replacement fee will apply.**

COLES AGE PATCH

The Age patch must be displayed on the top **RIGHT** side of the front of the singlet or crop top. If there is limited space, the red border on the registration patch may be covered. Please note that both the McDonalds logo and the athlete registration number must be visible and not covered in any way. If the age patch is lost a replacement fee may apply.

SHOES

A sports shoe or approved athletics shoe must be worn for every event. Athletes who wear other shoes e.g. dancing shoes, leather school shoes, football boots etc will not be able to participate due to athlete safety and injury prevention. If an athlete competes in inappropriate footwear, any injury that occurs is not the responsibility of the centre and may not be covered under the athlete insurance.

Athletes	Acceptable shoes	Events
6s – 10s	Sports shoes only	All events
11s & 12s	Sport shoes	All events
	Spikes	Laned events, long jump, triple jump, high jump & javelin
13s – 17s	Sports shoes	All events
	Spikes	All events except walks, discus and shot put

Spiked shoes must only be worn during the event and must be put on and taken off at each event. For information about spiked shoes please refer to the NSW Athletics website: <https://www.nswathletics.org.au/events-page/rules-and-specifications->

Please note: Starting blocks are mandatory for any athlete who is using running spikes in laned events. All athletes who are using spikes (or may be considering using spikes) will be required to attend RWLAC sprint training where they can practice and get advice from our coaches in using starting blocks. The athlete will be assessed and given a “block licence” following this assessment. This will ensure all athletes running in spikes know how to set up, use and compete with blocks. All athletes must receive a “block licence” before competing in spikes during Friday night competition.

Please note: Athletes in the 14s-17s are welcome to use starting blocks for laned events, even if they are not wearing spikes. Please note that all athletes in the 14s-17s must use starting blocks in laned events at Zone, Region and State even if they are not wearing spikes.

FRIDAY NIGHTS AT KELSO NORTH

FIRST NIGHT OF THE SEASON

We will commence this year on **Friday 5th September** at 6pm. The first week will be our Orientation night and State Relay Trials. Our Friday night recorded competition will commence on Friday 12th September.

On the Orientation night (5th September) parents will be taught how to use timing and starting equipment as well as being shown how to record results and understand the rules for each event. Results recorded during this night will be used for athletes who have submitted an Expression of Interest in being selected for the RWLAC State Relay team. These results will not count towards season performances.

ARRIVAL TIMES

Athletes in the 6s, 7s and 8s are asked to arrive at 5:50pm for a 6pm start. All other athletes (9s – 17s) are asked to arrive at 6:10pm for a 6:30pm start. Some events (3km, 1500m and walks) will start at 6pm for older athletes and these will be indicated in the season program and on the weekly emails.

Parents who have signed up for duty, please ensure you arrive, have signed on and are at the event by:

- 5:55pm – for parents helping at shot put, discus or long/triple jump
- 6pm – for parents helping on track (circular track or straight track / hurdles)
- 6:15pm – for parents helping in any other area (javelin, high jump)
- 7pm – for parents helping in the canteen

On some Friday nights throughout the season there are no events held due to school holidays and Championship events. Please refer to the calendar at the end of this handbook.

AGE MANAGERS

Age Managers are appointed for each age group at the start of the season. The number of Age Managers will depend on both the age of the athletes and the number of athletes in the group. Age Managers will be responsible for checking athlete attendance for their relevant age group, for marshalling athletes and assisting and encouraging all athletes to participate. Age Managers are an athletes/parents first point of contact if you have any questions.

If you wish to volunteer to be an Age Manager, please contact the Officer for Officials who will advise you of the nomination process for all Age Managers for the 2025-26 season. All Age Managers will be required to provide a valid Working with Children Check.

We encourage any parent to volunteer to be an Age Manager, but all Age Managers must ensure they are always promoting our mission statement “*Revesby Workers’ Little Athletics Centre promotes fun, fitness and skills development in a friendly competitive environment while encouraging family participation, community spirit and values*” at every event and with every athlete in the age group.

WEEKLY RESULTS

Families will be given a family logon for Results HQ which is the recording program we use. You will be able to view your athlete’s results as soon as they are available by going to the website <https://www.resultshq.com.au> Results HQ also has an app that is available for your phone.

PARENT HELPERS

We need many parent helpers each week to be able to run our weekly program. This season we will be running a roster app (Signup) whereby one parent/guardian from each family must nominate to assist at an event **at least 7 times** in the season. Families can select the dates and the events to help that suit you best from the Signup App. A link to sign up will be emailed out each week. Please note, you must remain at the event until the event is finished for the night, and also assist in packing up that event. The duties available to families are:

- Track: Circular track helpers / Straight track data entry / Hurdles assistance
- Field: Shot put / Discus / Javelin / Long/triple jump / High Jump
- Set up duty – you need to be at Kelso at 4pm to assist with setting up equipment for the night
- Canteen - assisting with serving and assembling BBQ orders
- Results collection

We have event officials (blue vests) at each event. The event officials will provide guidance to both parent helpers and athletes. We are always searching for event officials or parents who are interested in an event or wish to nominate regularly to help at an event. If this is something you would like, please speak to our Officer for Officials.

All parents doing a duty will be issued with a parent helper vest for the night. Any parents who are not helping and are not Age Managers must not enter the competition area but can watch from the spectator areas.

COMMUNICATION

Our primary communication method will be via email. A weekly email provides information on the Friday program, the link for parent duty sign up, information regarding major competitions and other important information. If you are not receiving emails from us, please reach out. During the season, we will communicate via:

- Facebook – please follow us on Facebook or you can view our posts on our Revsport home page. Wet weather information is also communicated on Facebook.
- Emails – A weekly email will be sent containing information for the coming Friday night.
- Notice board – The white board outside the clubhouse will have championship programs, carnivals, uniforms orders etc.

- Newsletter – This will be emailed to families during the season and provides additional information and tips for events.
- Website – Our website address is www.revesbylac.org.au. The website contains copies of all our policies, the season handbook and details on event records.

WET WEATHER

In the event of wet weather, a decision will be made on the running of the competition by 5pm. As soon as a decision is made this will be communicated via Facebook. If possible, an email will also be sent to families. Should the competition be rained out, the events scheduled for that night will be conducted during the season, time and weather permitting. If due to weather an event is deemed to be too unsafe, it will, if possible, be rescheduled into a future week in the program.

COACHING / TRAINING

ATHLETE TRAINING SESSIONS

We currently have a Level 3 middle distance coach and 4 Level 2 Club coaches based at our Centre. Coaching sessions are \$5 per week payable at an athletes first session of the week. This season we anticipate providing the following training sessions, available to all athletes 8s-17s. Please note training sessions are inclusive to all athletes with the aim of each session being to help each athlete grow in confidence and improve their technique or stamina for the required event.

Training Event	Training Day and Time	Location of Training
Sprints (9s-17s)	Monday - 5:00pm	Kelso North Oval
Middle Distance (9s-17s)	Thursday - 4:30pm	Kelso North Oval
High Jump (8s-17s)	Friday - 5:00pm	Kelso North Oval
Throws (9s-17s)	Friday - 5:00pm	Kelso North Oval
Hurdles (8s-17s)	Friday - 5:00pm	Kelso North Oval
Long/Triple Jump (9s-17s)	Day and time TBC	TBC
Walks (8s-17s)	Sunday - 3:00pm (weeks 1 & 2 only)	Kelso North Oval

Details of coaching sessions for each week and any late changes i.e. cancellations, time or location changes, will be posted on our Facebook page.

OFFICIALS TRAINING COURSES

Interested parents/guardians are encouraged to attend officials / coaching courses run by LANSW or complete the Little Athletics Basics (LAB) online training <https://lansw.etrainu.com/training/index.cfm?event=page.login>. For more information, please speak to our Coaching Officer.

AWARDS AND RECORDS

SUMMARY OF AWARDS

The majority of awards are presented at a presentation evening at the end of the season. A full copy of the Awards Policy is on our website. If you have any questions, please speak to our Records and Rankings Officer. To be eligible for end of season awards athletes must compete in **at least 60% of available events including 3 competition nights** after the Christmas break **and parents/guardians must complete at least 7** rostered duties throughout the season.

CENTRE RECORDS

Centre records for all ages and events are on our website and are accessible on Results HQ. These records are updated during the season as records are broken and verified (on Results HQ). Centre Record Certificates are presented at the end of the season for all new records set. New records may only be set on centre competition nights.

PARENT AND ATHLETE RESPONSIBILITIES

As a voluntary organisation, we are reliant on parent/guardian participation for the safe and efficient running of each night's program. **There are no paid officials/coaches/operators – everyone is a volunteer.**

A parent must be in attendance while their athlete is competing

Athletes cannot be dropped off at RWLAC and left unattended. Athletes must have a responsible adult present at all times.

This is to ensure if an athlete becomes ill or is injured, a person able to make decisions for the athlete is available at the venue. If an athlete has no responsible adult present, then the athlete will be removed from competition and a parent will be contacted.

If the behaviour of any athlete is considered dangerous to other competitors, themselves or generally disruptive to the running of an event, a parent will be required to take control of the athlete in question. If the athlete's poor behaviour continues, the parent would then be required to remove the athlete for the remainder of the evening's events.

All families must assist with the running of events at least 7 times during the season.

It is a requirement of RWLAC that each family assist in the running of events on **at least 7** competition nights in the season. Each family will be able to choose the nights they help and the event they help at through the Signup app. On the weeks when parents are not helping at an event, they can observe their athlete's performance from the spectator areas only. **Parents who are doing duty must be at the event at the required time to ensure the event can start on time. Athletes will not be eligible for end of season awards if at least 7 parent duties are not completed in the season.** Some parents may choose to nominate as an age manager and will be expected to accompany their age group every week of competition.

Participation of parents will be monitored through the Signup app and by the Officer for Officials.

Breaches of the above requirements will make the athlete ineligible for end of season awards and may result in discontinuation of that athlete's membership. All decisions will be at the discretion of the Committee.

The committee will decide on eligibility for participation points

One participation point is awarded to each athlete for each event that they participate in. **Participation, for the purpose of awarding participation points, is defined by the Centre as "a serious attempt by an athlete to compete in an event in which that athlete is medically fit to compete."**

This means that an athlete who is considered to have entered an event with no intention of making a reasonable attempt to compete **to their ability**. **An athlete who is** too sick to compete, has an injury which would prevent them from making a serious attempt or if they participated would aggravate the injury further will not receive a participation point for that event. The Committee will decide on eligibility for participation points.

LANSW / ANSW SPECIAL EVENTS

*Please note the information listed below is a small selection of the opportunities and championship events available to athletes. There are other events, gala days and scampers that are run by LANSW, ANSW and other centres. Details of these are promoted via Facebook, emails, newsletter, our noticeboard and notification of gala days can be found on ResultsHQ. All information regarding the Championships and the pathways for all RWLAC athletes to State Championships will be updated on our noticeboard and communicated to parents via email. Alternatively, please speak to our Championships Officers at any time if you have any queries.

VALOUR STATE RELAY CHAMPIONSHIPS

8-9 November (8s-12s) at Blacktown International Sports Park. **Teams by nomination and selection at Centre level.**

STATE RELAY CHAMPIONSHIPS

15-17 November (13s-17s) at Blacktown International Sports Park. **Teams by nomination and selection at Centre level.**

ZONE CHAMPIONSHIPS

Scheduled to be held at The Ridge Athletics Track, Barden Ridge on **6th - 7th December 2025**. Entry will be by nomination through the Centre. This is open to athletes from 7s-15s. The Committee requires that any athlete nominating to compete at Zone Championships **must have competed in at least 60% of centre competition nights** before the Zone Championships. Any athlete who does not meet this requirement will have their attendance reviewed by the Executive Committee. The Executive Committee will consider the attendance record along with other circumstances before making a decision on eligibility to compete at Zone Championships.

Please note: each centre in our zone is only able to enter a maximum of 5 athletes per age group, per event. If more than 5 athletes in an age group nominate for an event, then the attendance along with the performance of each athlete will be taken into consideration when determining the 5 athletes who will participate.

REGION CHAMPIONSHIPS

Scheduled to be held on either 31 January & 1 February OR 14-15 February 2026. Venue TBC. Entry is via progression from Zone Championships for athletes in the 8s-15s. Please note athletes in the 16s and 17s have direct entry to Region Championships.

NSW COMBINED EVENTS CARNIVAL.

28 February – 1 March 2026 at Maitland Regional Athletics Centre.

The NSW Combined Championship is a 2-day event for athletes from all over NSW in the 7s to 17s age groups. All athletes in the same age group compete in the same events and receive points for their performances. After all the events are completed, the points are totalled to determine the placegetters. Medals are awarded to the 1st, 2nd and 3rd placegetters in each age group with all other competitors receiving a certificate.

NSW JUNIOR STATE CHAMPIONSHIPS (13s -17s)

12-15 March 2026 at Sydney Olympic Park Athletic Centre. The State Championships is a 4-day event where qualifying athletes from all over NSW compete. This championship is for 13s-17s athletes, including multiclass athletes. Please note entry is via progression from Region Championships for athletes in the 13s-15s..Athletes in the 16s and 17s have direct entry to State.

NSW LITTLE ATHLETICS CHAMPIONSHIPS (9s -12s)

21-22 March 2026 at Sydney Olympic Park Athletic Centre. The State Championships is a 2-day event where qualifying athletes from all over the State compete. This championship is for 9s-12s athletes, including multiclass athletes. Entry is via progression from Region Championships for athletes in the 9s-12s.

For information on the above or any other LANSW/ANSW competitions please visit <https://www.nswathletics.org.au/> or speak to our Championships Officers.

GOVERNANCE

INSURANCE

Athletes and officials are covered by insurance taken out by Little Athletics NSW (LANSW). For insurance purposes, it is important that all parents sign on when they have opted for a rostered duty. Any incidents should be reported to the canteen.

CENTRE POLICIES

A full copy of Centre policies, including the Awards Policy are accessible on our website. If you have any questions, please speak to a committee member. To be eligible for end of season awards athletes must compete in **at least 60%** of timetabled events including 3 competition nights after the Christmas break and parents/guardians must nominate for and complete at least 7 nights of duties throughout the season.

COMMITTEE MEETINGS

The Committee hold a meeting each month to plan, organise and discuss the running of the Centre. Meetings are held at Revesby Workers' Club, Tarro Avenue, Revesby and commence at 7:30pm (no meeting is held in January 2026). The Annual General Meeting (AGM) will be held on Monday 11th May 2026. Parents/guardians are welcome to attend all meetings. We strongly encourage age managers to attend Committee meetings as your input is valued in the running of our Centre.

Committee meeting dates for 2025-26	
Monday 8th September 2025	
Monday 13th October 2025	
Monday 10th November 2025	
Monday 8th December 2025	
Monday 9th February 2026	
Monday 9th March 2026	
Monday 13th April 2026	
AGM Monday 11th May 2025 7:30pm	

THREE WEEK PROGRAM 2025-26

The following table shows all the events which may be run for each age group. The Centre weekly program will be determined once numbers are known in each age group and age group combinations are determined.

TRACK	6s	7s	8s	9s	10s	11s	12s	13s	14s	15s	16s	17s
50 metres	✓	✓										
70 metres	✓	✓	✓	✓	✓							
100 metres	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
200 metres	Pack Start	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
400 metres			Pack Start	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pack Start	300m	500m	700m									
800 metres				✓	✓	✓	✓	✓	✓	✓	✓	✓
1500m						✓	✓	✓	✓	✓	✓	✓
3000m							✓	✓	✓	✓	✓	✓
Race Walk				700m	1100m	1100m	1500m	1500m	1500m	1500m	1500m	1500m
Hurdles			60m	60m	60m	80m	80m	80m G	90m G	90m G	100m G	100m G
								90m B	100m B	100m B	110m B	110m B
200m Hurdles								✓				
300m Hurdles									✓	✓		
400m Hurdles											✓	✓
Relay Jnr												
4 x 100m				✓	✓	✓	✓					
Relay Snr												
4 x 100m								✓	✓	✓	✓	✓
FIELD												
Scissor High Jump			*	✓	✓							
High Jump						✓	✓	✓	✓	✓	✓	✓
Long Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple Jump						✓	✓	✓	✓	✓	✓	✓
Discus	350g	350g	500g	500g	500g	500g	750g	750g	1kg	1kg	1.5kg B	1.5kg B
											1kg G	1kg G
Shot Put	500g	1kg	1.5kg	2kg	2kg	2kg	2kg	3kg	4kg B	4kg B	5kg B	5kg B
	Pink	Blue	Yellow	Orange	Orange	Orange	Orange	White	Red	Red	Green	Green
									3kg G	3kg G	3kg G	3kg G
									White	White	White	White
Javelin						400g	400g	600g B	700g B	700g B	700g B	700g B
								400g G	500g G	500g G	500g G	500g G
Total # Events	8 Events	8 Events	9 Events	11 Events	11 Events	13 Events	13 Events	15 Events	15 Events	15 Events	15 Events	15 Events

Tiny Tots will be run as a skills-based program prior to the Centre competition each week. They will commence at 5:30pm.

* We offer skill development in scissors high jump for all our 8s athletes.

CENTRE SEASON CALENDAR

Date	Event	Notes	Details
22 & 29 August 2025	Registration / uniform collection		Kelso North 6:30pm – 8pm
5 September 2025	Orientation Night / State Relay Trials	Recordings only for State Relay Selection	
12 September 2025	Competition	1st Recording	
19 September 2025	Competition	2nd recording	
26 September 2025	Competition	3rd Recording	
3 October 2025	School holidays	Long Weekend	No Athletics
10 October 2025	Competition	4th Recording	
17 October 2025	Competition	5th Recording	
24 October 2025	Competition	6th Recording	
31 October 2025	Competition	7th Recording	
7 November 2025	Competition	8th Recording	
8-9 November 2025	State Relay weekend Jnrs (8s-12s)	Blacktown ISP	Entry via EOI and Team selection
14 November 2025	Competition	9th Recording	Coles Community Round
15-17 November 2025	State Relay weekend Snrs (13s-17s)	Blacktown ISP	Entry via EOI and Team selection
21 November 2025	Competition	10th Recording	
28 November 2025	Competition	11th Recording	
5 December 2025	No competition	No competition due to Zone	No Athletics
6-7 December 2025	Zone Championships		The Ridge Athletics Track, Barden Ridge
12 December 2025	Competition	12th Recording	Christmas night
13 December – 8 January 2026	No Events		Christmas & New Year break
9 January 2026	Competition	13th Recording	
16 January 2026	Competition	14th Recording	
23 January 2026	Competition	15th Recording	
30 January 2026	Competition	16th Recording	
30 Jan – 1 Feb 2026	Region Competition	Qualification from Zone	E.S. Marks Athletics Field
6 February 2026	Competition	17th Recording	
13 February 2026	Competition	18th Recording	
20 February 2026	Competition	19th Recording	
27 February 2026	Competition	20th Recording	
28 February – 1 March 2026	NSW Combined Events Carnival	Entry online (open late December)	Maitland Regional Athletics Centre
6 March 2026	Competition	21st Recording	
12-15 March 2026	NSW Junior State Championships		SOPAC
13 March 2026	Competition	Catch up night	
20 March 2026	Fun night	No formal events	
21-22 March 2026	NSW Little Athletics Championships		SOPAC
24 April 2026	Presentation Night		Revesby Workers Club
25 April 2026	ANZAC Day	ANZAC Day march	Revesby Workers Club

Please note, while we aim to have the above as accurate as possible, it is still subject to change at the Committee's discretion. Any changes will be notified through emails and the website.