



AWARDS POLICY

To be eligible for end of season awards, athletes must compete in at least 60% of available competition events, including three competition nights after the Christmas holiday break and parents/guardians must complete rostered duties throughout the season (at least 7 competition nights). This calculation may be altered at the discretion of the Committee if the number of competition nights is reduced due to cancellations.

Age Champion & Runner-Up Awards

The following point score system is used to determine the boy and girl Age Champion and Runner-Up in each age group (6s – 17s). Points are awarded in the following manner on competition recording nights only:

1st in each weekly event receives	5 points
2nd in each weekly event receives	4 points
3rd in each weekly event receives	3 points
4th in each weekly event receives	2 points
All other participants receive	1 point

Definition: 1st refers to the fastest time in running events and the greatest distance in jumping and throwing events. These results are calculated across the age group, not for a particular heat or group.

Rules governing the Age Champion and Runner-Up awards:

- At the end of the season points from all competition recording nights are totalled and the athlete with the most points receives the award for Age Champion and the athlete with the second highest point score receives the Runner-Up award.
- If two or more athletes gain an equal number of highest points for an age group, then each athlete with that total number of points receives the award for Age Champion.
- If two or more athletes receive the Age Champion award then no Runner-Up award is presented for that age group.

Encouragement Award

Points will be awarded in the same manner as for Age Champion.

An Encouragement Award will go to the boy and girl with the third highest point score in each age group.

Rules governing the Encouragement Award:

- At the end of the season points from all competition recording nights are totalled and the athlete with the third highest points receives the Encouragement Award.
- If two or more athletes gain an equal number of third highest points for an age group, then each athlete with that total number of points receives the Encouragement Award.

Improvement Award

A point is awarded every time an athlete improves their performance in an event, compared to their previous performances. Points are only awarded on competition recording nights.

The boy and girl in each age group (6s – 17s) with the most points at the end of the season receives the Improvement Award.

Note: Age Champion, Runner-up and Encouragement Award winners are not eligible for the Improvement Award.

Rules governing the Improvement Award:

- At the end of the season points from all competition recording nights are totalled and the athlete with the most personal best points receives the Improvement Award.
- If two or more athletes gain an equal number of highest points for an age group, then each athlete with that total number of points receives the Improvement Award.

Participation Award

A point is awarded every time an athlete competes in an event on a competition recording night. This award encourages athletes to compete in all events. The boy and girl in each age group (6s – 17s) with the most points at the end of the season receives the Participation Award, to promote competition over the full range of athletic events.

To gain a participation point an athlete must make a reasonable attempt to participate in an event.

A reasonable attempt by an athlete is defined as *an athlete who is medically fit to compete at an event and commences the event with the intention of completing it.*

The Committee reserves the right to exclude an athlete from participating in an event if the athlete is determined to be not medically fit to compete.

Note: All athletes are eligible for the Participation Award irrespective of whether they have won another award.

Rules governing the Participation Award:

- At the end of the season points for participating in all available events from competition recording nights are totalled and the athlete with the most points receives the Participation Award.
- If two or more athletes gain an equal number of highest points for an age group, then each athlete with that total number of points receives the Participation Award.

Any athlete who is competing in an official LANSW or ANSW championship event, including Zone, Region, State Combined Carnival or State Championships and would otherwise be able to compete at the Friday night Centre competition will be awarded participation points for all events in their age group on the Friday night that they are absent due to the conflicting competition. Points will only be awarded when athletes are competing for RWLAC. Points will not be awarded when athletes compete for a second club.

Tiny Tots Awards

All athletes who participate in the Tiny Tots program will be presented with a Tiny Tots Award recognising their participation.

Note: Athletes in the Tiny Tots age group are not eligible for any of the above age group awards.

First Year Athlete Awards

All athletes competing with RWLAC for the first time will be presented with an Award recognising their efforts in their first season. All athletes 6s – 17s are eligible for this award in their first season with RWLAC, except those who qualify for any of the above age group awards.

Personal Best Certificates

Certificates will be awarded to athletes based on the number of Personal Best performances tallied over all recorded events throughout the current season. In all events the first result recorded will not count as a personal best.

- Bronze Certificates will be awarded to athletes who achieve between 10 and 19 personal bests.
- Silver Certificates will be awarded to athletes who achieve between 20 and 29 personal bests.
- Gold Certificates will be awarded to athletes who achieve 30 or more personal bests.

All athletes will be eligible for these awards irrespective of any other awards they may have received.

Should the number of recorded competition nights be reduced due to weather or cancellations, the number of PBs required may be altered at the discretion of the awards sub-committee.

Participation Certificates

A Participation Certificate will be awarded to athletes who compete in 60% of available competition events. This must include 3 competition nights after the Christmas holiday break. Participation Certificates will have individual athlete names and their Season Best results for each event they participated in throughout the season.

Centre Record Certificates

A Centre Record Certificate will be awarded to any athlete who breaks or equals a Centre Record. If a record is broken, it needs to be verified by the Event Official and a Committee member to be valid as a Centre record. Track events must have two official times recorded and the slowest time shall be applied. For field events, the measuring spike/tape shall NOT be removed until the Event Official and a Committee member have verified the result.

Banks Outstanding Sporting Achievement Awards

One boy and one girl from each age group (6s – 17s) will be awarded the Banks Outstanding Sporting Achievement Award. Age Managers will be asked to nominate 3 athletes from each age group who have demonstrated exceptional sportsmanship, friendship, effort and personal achievement. Athletes who qualify for any of the above age group awards are not eligible for this award. The awards sub-committee will review Age Manager nominations to determine eligibility.

Note: This award is sponsored by the State Member for Banks and is subject to change at the discretion of the sponsor.

Club Event Champion

The Club Event Champion may be awarded to one athlete (9s – 17s) based on outstanding performance at Region and State level. Only performances while competing for RWLAC will be taken into consideration, performances while competing for a second club will not be considered.

The awards sub-committee will select an event champion for each event category. An event champion may not always be awarded in each category if no athlete fits the criteria of an outstanding performance, at the discretion of the awards sub-committee.

Event Champion will be open to the following categories:

- Long Jump/Triple Jump (combined) (9s – 17s)
- High Jump (9s – 17s)
- Throws (Shot Put/Discus/Javelin combined) (9s – 17s)
- Middle/Long Distance (800m, 1500m, 3000m combined) (9s – 17s)
- Sprints (70m, 100m, 200m and 400m combined) (9s – 17s)
- Hurdles (all distances combined) (9s – 17s)
- Walks (all distances combined) (9s – 17s)

Should an athlete be deemed eligible for more than one of the above categories, only one award will be presented, with all events listed.

State Representatives

All athletes who represent RWLAC at the NSW Little Athletics State Championships or the NSW Juniors State Championships will be presented with an RWLAC State Representative jacket. Athletes who already have a State jacket will have the new season embroidered on their jackets.

Region Representatives

All athletes who qualify for, and represent RWLAC at, the Region 8 Championships will be presented with a memento.

Five and Ten Year Service Awards

Awards are presented to athletes who have completed five and ten years membership with RWLAC.

5 years: a shirt.

10 years: a shirt.

Twelve Year Service Award

Awards are presented to athletes who have completed twelve consecutive years membership with RWLAC (6s through to 17s).

Note: Athletes who have completed thirteen consecutive years membership with RWLAC (Tiny Tots through to 17s) will be presented with a Thirteen Year Service Award.

LANSW Athlete Service Award

A certificate is awarded by LANSW to any athlete who has completed 10 years continuous registration with any LANSW centre(s). Proof of registration with other centres is required if applicable.

Note: Parents are responsible for advising the Records and Rankings Officer of any previous years of service with other LANSW centre(s).

17s Leaving Gift

Every 17s athlete who has competed in the 17s age group and is finishing Little Athletics will receive a farewell gift.

Coaches Award

Any Coach who is training a squad at the Centre may nominate an athlete of their choice for an award, subject to review by the awards sub-committee. This award will be presented to an athlete who has regularly attended and participated in training sessions, has displayed a positive attitude, shows respect to their coach(es) and has shown improvement over the season.

Joan Carroll Memorial Volunteer Award

The Joan Carroll Memorial Volunteer Award is presented to a Centre volunteer who has been deemed to have given exceptional service to the Centre in the current season (e.g. an age manager, event official or any other volunteer). Life members are not eligible for this award. Nominations for this award will be submitted to the RWLAC President and considered by an executive subcommittee in February each year.

Michael Irwin Award for Athletic Excellence

This award is based on a points system, taking into account participation and results from Zone through to State championships as well as Centre records for the current season. The five leading point scorers are nominated for this award and the awards sub-committee votes on the nominations. This award may not always be awarded if no athlete fits the criteria of an outstanding performance, at the discretion of the awards sub-committee.

Points will be awarded in the same manner for both the participation pathway option and the competition pathway option, including where event specifications differ.

Points will only be awarded when athletes compete for RWLAC. Points will not be awarded when athletes compete for a second club.

Points will be awarded to athletes in all age groups who compete for RWLAC at the Southern Metropolitan Zone (SMZ) Championships, the Region 8 Championships and ANSW/LANSW State Championships irrespective of whether each championship level is mandatory or optional for that age group, and irrespective of whether that age group has direct entry to State Championships.

For age groups not eligible to compete at SMZ Championships and/or Region 8 Championships, and as such don't have an opportunity to accrue points for these meets, this will be taken into consideration by the awards sub-committee when determining outstanding performance based on Centre records and State Championships results.

Points will not be awarded for any other championships or qualifying meets outside of those specified above.

Points will not be awarded for events at State Championships that are not offered at SMZ Zone Championships and Region 8 Championships, including but not limited to steeplechase, pole vault and hammer throw.

Points are awarded as follows:

Achievement	Points Awarded
Centre Record	1 pt (only once per event by the same athlete, further 'breaks' to be viewed as improvements)
Zone 1 st place	4 pts (max 16 points)
Zone 2 nd or 3 rd place	2 pts (max 8 points)
Zone record	5 pts
Region 1 st place	7 pts (max 28 points)
Region 2 nd or 3 rd place	5 pts (max 20 points)
Region 4 th	3 pts (max 12 points)
Region 5 th -8 th place	2 pts (max 8 points)
Region record	8 pts
State 1 st place	10 pts (max 40 points)
State 2 nd or 3 rd place	7 pts (max 28 points)
State 4 th -8 th place	5 pts (max 20 points)
State record	15 pts
Australian best	25 pts

Note: Points are not awarded for multi-class category events.

State Champions Perpetual Trophy

The State Champions Perpetual Trophy recognises those athletes who win medals at the ANSW/LANSW State Championships while competing for RWLAC.

Australian Teams Championships Trophy

The Australian Teams Championships Trophy recognises 12s and 13s athletes who represent RWLAC through the championships pathway and are selected by Little Athletics NSW to represent Team NSW at the Australian Little Athletics Championships.

SUMMARY OF AWARDS

Award	Age Groups awarded to
Age Champion	6s to 17s, boys and girls
Runner Up	6s to 17s, boys and girls
Encouragement Award	6s to 17s, boys and girls
Improvement Award	6s to 17s, boys and girls
Participation Award	6s to 17s, boys and girls
Tiny Tots Award	All athletes who participate in the Tiny Tots program with RWLAC
First Year Athlete Medals	All athletes 6s to 17s in their first season with RWLAC who do not win any of the above awards
Personal Best Certificates	6s to 17s, boys and girls
Participation Certificates	6s to 17s, boys and girls
Centre Record Certificates	All athletes who break or equal a Centre record
Banks Outstanding Sporting Achievement	One boy and one girl from each age group 6s to 17s, nominated by Age Managers
Club Event Champion	9s to 17s, boy or girl (see criteria)
State Representatives	9s to 17s, boys and girls
Regional Representatives	8s to 17s, boys and girls
5 Year Service	Athletes with five years membership with RWLAC
10 Year Service	Athletes with ten years membership with RWLAC
12 Year Service	Athletes with twelve consecutive years membership with RWLAC
LANSW Athlete Service Award	Athletes with ten years continuous registration with LANSW
17s Leaving Gift	17s, boys and girls
Coaches Award	9s to 17s, boys and girls
Joan Carroll Memorial Volunteer Award	Nominated volunteer
Michael Irwin Award for Athletic Excellence	9s to 17s, boys and girls
State Champions Perpetual Trophy	9s to 17s, boys and girls
Australian Teams Championships Trophy	12s and 13s athletes selected to compete at the Australian Little Athletics Championships

Note: All awards are presented at the annual RWLAC Presentation night.